

# Mental Health/Substance Use Action Team Meeting Minutes

DATE: 01/31/2022 TIME: 9:00 AM Location: Teams

Members Present: Holly Bill, Amy Roberts, Julie Herzog, Mike Kennedy, Amanda Marcanio, Jordan Hannah, Kate Green, Melissa Bucklin, Michele Carmichael, Becky Turner, Haley Madigan, Jerry Storm, Lisa Maynard, Denise Backes, April Foster, Cathy Huntsman, James Kikilas, Jan Leonard, Josh Bradshaw, Kim Litwiller, Tricia Larson, Joan Montoya, Leslie McKnight, Courtney Ray, Sue Tisdale, Jennifer Wenger, Jenny Evans, Courtney Miller, & Gina Richardson

#### **Data Review**

Amanda was not on the call and no data update was provided. Holly noted they are working on the new Community Health Improvement Plan for the next year, as we are now in year 3 of the current plan.

#### **Action Teams Updates**

#### Mental Health

#### 1. Increase Mental Health First Aid Certifications by 10% (Joan Montoya)

- -Several classes going; outreached for youth and adult; more classes scheduled and large event coming up in May for OSF College of Nursing In need of Adult MHFA instructors for 80-120 people; please reach out to Joanie if you would like to join the cadre/assist with this training
- -Virtual for now but may
- -Cadre needs to meet; Joanie will reach out to Becca for this
- -Waiting for 2021 data
- -Can assist with this as volunteer if you are interested; does not have to be certified instructor
- -If you are interested in becoming an instructor please visit the Mental Health First Aid website https://www.mentalhealthfirstaid.org

# 2. Increase suicide prevention education for youth and adults by 10% (Hannah Chapman/Mike Kennedy)

-Group has been meeting monthly and ready to move to the next phase; will be bringing recommendations to this group soon; measurements, education, awareness, and training for suicide risk intervention

#### 3. Increase number of trauma informed schools by 10% (Michele Carmichael)

- -Defined what "trauma-informed" looks like; 3 tiers informed, aware, and responsive
- -Will recognize schools who become highest tier- trauma-responsive
- -Schools have been identified as participants through HOIUW S3 program, PPS SEL, and ROEs that will help to increase numbers
- -ISBE released a huge online trauma training for anyone at no cost through Lurie's Children's Hospital; using a national TRS-IA assessment tool

-Using this tool, the team cross-referenced TRS-IA tool to provide support to local schools to provide guidance for schools at the leadership, teams, data levels, for example

-Will meet in the next week or two to finalize tools

### 4. Increase behavioral health integration by 10% (Tim Bromley)

-Tim was not on the meeting, there was no update given.

#### Substance Use

# 1. Reduce overdose through Narcan by increasing distribution by 10% (Elizabeth Hensold/Katy Endress)

-Neither Katy or Elizabeth were on the call, but Holly added the website was still available and they are continuing their work.

# 2. Increase stable housing for frequent utilizers (Kate Green); Frequent Utilizers & Crisis response (Kelly Walsh)

-Approval from Illinois Housing Dev. Authority for Madison 3- a 16-unit development for youth who are experiencing homelessness (18+)

#### 3. Increase number of schools who participate in Rx Drug Safety (Denise Backes)

-This is still on pause as the Partnership with Everfi was dropped. Schools still have access to the information but can't get the data for the purpose of CHIP.

### 4. Mass media campaigns for binge drinking and underage drinking (Kerri Viets)

- -Kerri was not on the call, but sent Holly an update
- -Committee has not met since last update; I will reconvene our action team soon to plan for our next message we will put out.
- -TCHD held their annual Teen Conference in mid-January.

## 5. Increase number of students certified as Peer Educators by 10% (Holly)

-Confirmation of partnership with PPS. Scheduling trainings soon.

### **Updated Meeting Structure**

-Every other month: Full Committee/Sub-Committees; Schedule posted on http://healthyhoi.org

#### **Member Announcements**

- -Kim Litwiller noted that Pekin Outreach Initiative has mental health needs. They have other services coming in to provide those, but no one coming to provide mental health services. Holly will reach out to Kim after the meeting.
- -April Foster stated to reach out to her if you need an updated referral form: <a href="mailto:afoster@pslegal.org">afoster@pslegal.org</a>
- -For IRIS, please contact Julie Herzog: jherzog@tchd.net https://connectwithiris.org/why-iris
- -If anyone needs nasal Narcan training and/or kits, please contact Sue Tisdale: <a href="mailto:susan.tisdale@unitypoint.org">susan.tisdale@unitypoint.org</a>

-NAMI has a list of resources they sent out, please see those

Next Meeting: Monday, March 28, @ 9:00 am – Microsoft Teams