



# Healthy Eating and Active Living - HEAL Team News



## HEALTH AND WELLNESS POLICIES

Tazewell County Health Department through our initiative with I-Span assisted Pekin Park District in developing a health and wellness policy to positively impact both Park District employees and participants. On April 8, the Park District Board of Commissioners adopted the health and wellness policy.

Park Districts are such an integral part of ushering in lifestyles of health and wellness within our communities – developing and implementing a health and wellness policy, as a park district, is one way to increase the impact they are already making within the community in the areas of nutrition, physical activity, local purchasing, and sustainability.



*Congratulations  
Pekin Park District  
on adopting a health  
and wellness policy!*

**Interested in a Health and Wellness Policy for your organization?**

**Contact Kim @ [klitwiller@tchd.net](mailto:klitwiller@tchd.net)**

Healthy Eating Active Living (HEAL) is a priority action group developed from the tri-county Community Health Needs Assessment (CHNA). Our group of community partners works to provide intervention strategies to help reduce obesity in the community and leverage partners to serve those who are food insecure.

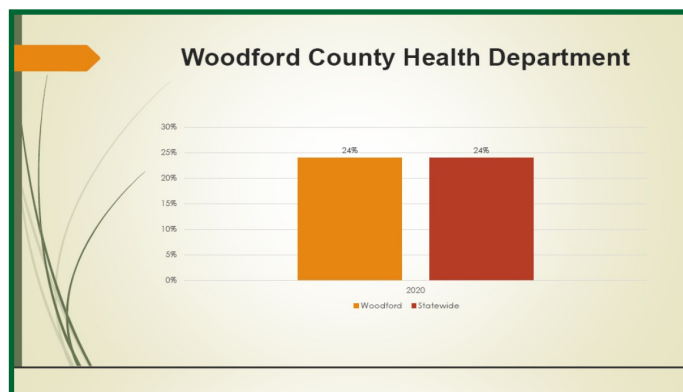
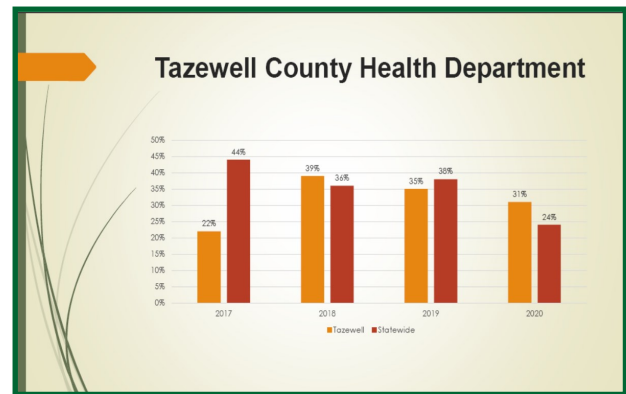
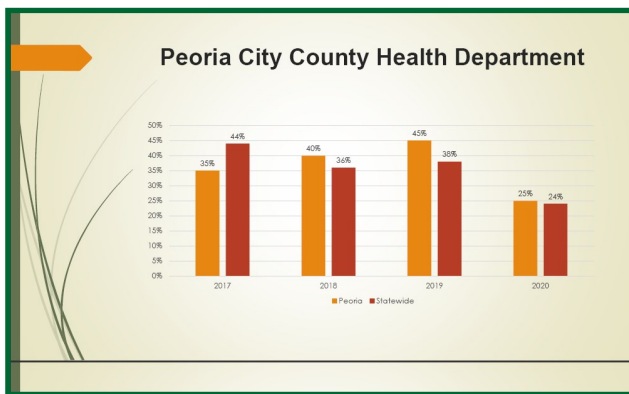
Contact Shanita Wallace at [swallace@tchd.net](mailto:swallace@tchd.net) or Kaitlyn Streitmatter at [kaitlyns@illinois.edu](mailto:kaitlyns@illinois.edu) to join our team!  
Visit <https://healthyhoi.wildapricot.org/> for more information.

## WIC FARMERS' MARKET NUTRITION PROGRAM

The WIC Farmers' Market Nutrition Program (FMNP) is associated with the Special Supplemental Nutrition Program for Women, Infants and Children, popularly known as WIC. Eligible WIC participants are issued FMNP coupons in addition to their regular WIC benefits. These coupons can be used to buy eligible foods from farmers, farmers' markets or roadside stands that have been approved by the state agency to accept FMNP coupons.

With the advocacy of HEAL partners, Woodford County was approved to receive FMNP checks for the summer 2020. Below are graphs depicting the summary of 2020 redemption rates for the tri-county Local Health Departments.

- Peoria City County Health Department—25%
- Tazewell County Health Department—31%
- Woodford County Health Department—24%
- State of Illinois — 24%



**Partnership for a  
Healthy Community**