



HEAL TEAM NEWS

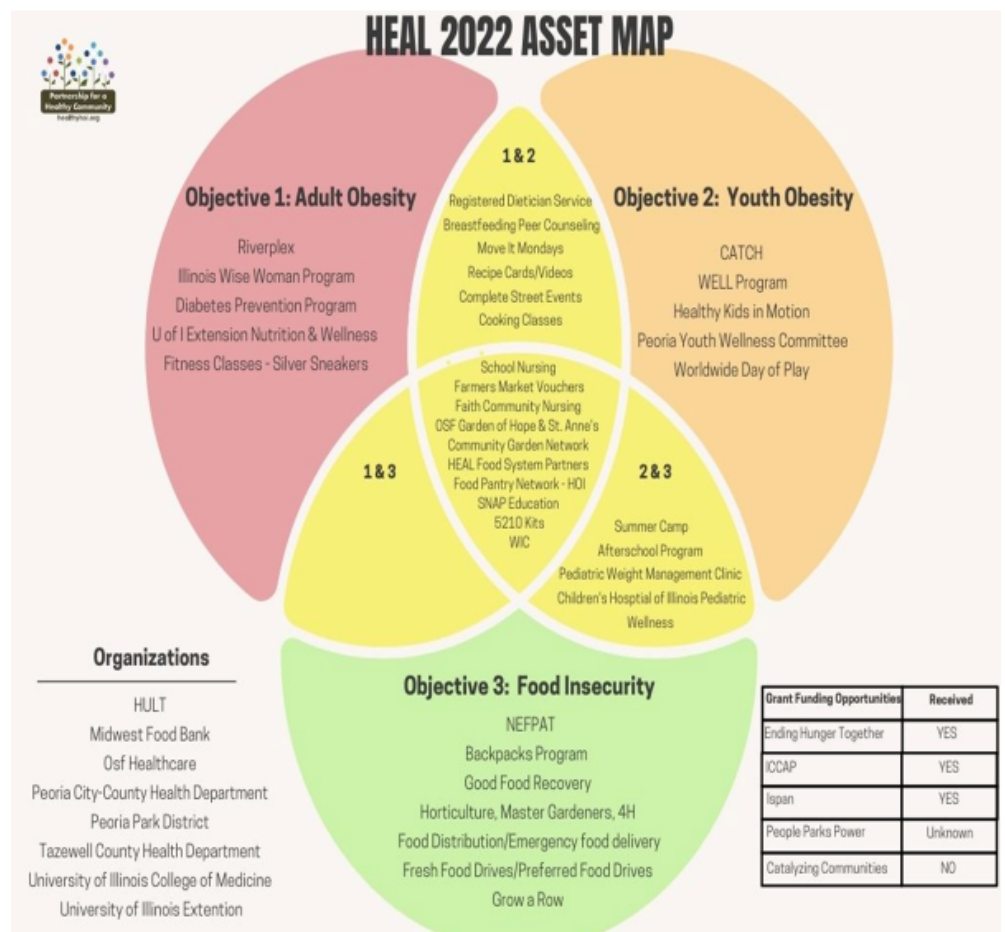
**2022 QUARTER 1 EDITION
JANUARY 2022 - MARCH 2022**

Greetings from your Healthy Eating Active Living (HEAL) Action Team Chair. In our efforts to align programs offered by partners, we conducted interviews at the end of 2021 and the information gathered created our 2022 Asset Map shown below.

As we continue to serve our community through community collaboration, 2022 Workgroups will be focusing on 1) Nutrition Education, 2) Built Environment, 3) School Age Health, and 4) Outreach/Team News.

For more information, please visit www.healthyhoi.org. If you are interested in joining the HEAL Action Team, please contact me at swallace@tchd.net.

In good health,
Shanita Wallace



HUNGER AND HEALTH REGIONAL CONFERENCE

During the regional Hunger & Health Conferences in March, Midwest Food Bank Peoria, Peoria Area Food Bank, Illinois Public Health Institute, & Tazewell County Health Department presented HEAL Food System Partner team successes.

Additionally, local volunteers & organizations received awards recognizing their great work! Awardees are pictured below.

VOLUNTEER OF THE YEAR KAREN ROSE, FOOD PANTRY NETWORK - HOI SANDY ANTON, NEIGHBORHOOD HOUSE/ FOOD PANTRY NETWORK - HOI

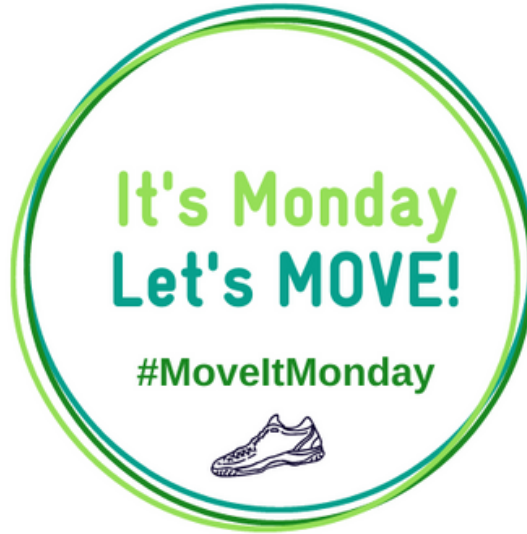


INNOVATIVE FOOD PANTRY PROGRAMMING - SOPHIA'S KITCHEN



OUTSTANDING HEALTH EQUITY LEADER FOOD PANTRY NETWORK - HOI





MOVE IT MONDAYS

#MOVEITMONDAYS is a health campaign which offers helpful and encouraging tips for integrating healthy habits into our daily lives by adding 10 minute movement break throughout your day.

For 12 weeks, HEAL partners utilized social media to share weekly graphics and messages to promote the campaign.

For more information about the campaign
<https://youtu.be/fiEmkHBUNVM>

