

## Mental Health

January 1, 2020 – December 31, 2022

**HEALTH PRIORITY: MENTAL HEALTH**

**GOAL: IMPROVE MENTAL HEALTH AMONG TRI-COUNTY RESIDENTS THROUGH PREVENTATIVE STRATEGIES AND INCREASED ACCESS TO SERVICES.**

	INTERVENTION STRATEGIES (Evidence-based)	EVALUATION PLAN	POTENTIAL RESOURCES/PARTNERS
<p>OBJECTIVE #1: (HP2020) By December 31, 2022, decrease the number of suicides in the tri-county area by 10%.</p> <p>Baseline: Suicide deaths (per 100,000) – Tri-County 2015- Source: IDPH; PC 10.9; TC 12.0; WC 15.8; IL 9.5</p>	<ul style="list-style-type: none"> <li>• Increase knowledge of mental health and reduce stigma by providing Mental Health First Aid and Youth Mental Health First Aid</li> <li>• Universal school-based suicide awareness &amp; education programs</li> <li>• School based social emotional instructions</li> <li>• Behavioral health primary care integration</li> </ul>	<ul style="list-style-type: none"> <li>• Establish baseline; increase certifications by 10%</li> <li>• Establish baseline; increase number of students receiving suicide prevention education by 10%</li> <li>• Establish baseline; increase number of trauma-informed schools by 10%</li> <li>• Increase number of providers in primary care settings by 10%; Increase number of providers in specialized care settings by 10%; increase number of providers in prompt care settings by 10%</li> </ul>	<p>Advocate Eureka Hospital                      Children’s Home of Illinois                      Heart of IL United Way                      Hult Center for Healthy Living                      NAMI Tri-County                      OSF Saint Francis Medical Center                      Peoria City/County Health Department                      Peoria Regional Office of Education                      Tazewell County Health Department                      Tazewell/Woodford Regional Office of Education                      UnityPlace                      UnityPoint Health Peoria                      Woodford County Health Department</p>

<p>OBJECTIVE #2: (HP2020) By December 31, 2022, decrease the number of residents in the tri-county areas who reported feeling depressed or anxious in the past 30 days by 10%.</p> <p>Baseline:</p> <ul style="list-style-type: none"> <li>10<sup>th</sup> and 12<sup>th</sup> grade students who have seriously considered suicide in past 12 months: 17.17% in the tri-county area. (PC 18%; TC 19.5%; WC 14%)</li> <li>Baseline: In the past 30 days, 46% of tri-county residents reported feeling depressed at least 1 to 2 days. 9% experienced depression more than 5 days in the past 30 days. (CHNA survey)</li> <li>Baseline: In the past 30 days 40% of tri-county residents reported they felt anxious or stressed at least 1 to 2 days in the past 30 days with 7% experiencing anxiety or stress more than 5 days.</li> <li>Baseline: In the past 30 days, 46% of tri-county residents reported feeling depressed at least 1 to 2 days. 9% experienced depression more than 5 days in the past 30 days.</li> <li>Baseline: 46% of respondents felt anxious in the last 30 days.</li> </ul>	<ul style="list-style-type: none"> <li>Increase knowledge of mental health and reduce stigma by providing Mental Health First Aid and Youth Mental Health First Aid</li> <li>Universal school-based suicide awareness &amp; education programs</li> <li>School based social emotional instructions</li> <li>Behavioral health primary care integration</li> </ul>	<ul style="list-style-type: none"> <li>Establish baseline; increase certifications by 10%</li> <li>Establish baseline; increase number of students receiving suicide prevention education by 10%</li> <li>Establish baseline; increase number of trauma-informed schools by 10%</li> <li>Increase number of providers in primary care settings by 10%; Increase number of providers in specialized care settings by 10%; increase number of providers in prompt care settings by 10%</li> </ul>	<p>Advocate Eureka Hospital          Children’s Home of Illinois          Heart of IL United Way          Hult Center for Healthy Living          NAMI Tri-County          OSF Saint Francis Medical Center          Peoria City/County Health Department          Peoria Regional Office of Education          Tazewell County Health Department          Tazewell/Woodford Regional Office of Education          UnityPlace          UnityPoint Health Peoria          Woodford County Health Department</p>
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