**TELEPSYCH PROVIDER LIST**

**INTERNAL CARLE AND TRILLIUM PLACE TELEPSYCH PROVIDERS**

**Carle Atrium Psychiatry**

900 Main St. Ste. 400 Peoria IL

P: 309-672-3100 F: 309-672-3131

* Dr. Kapil Aedma: Pediatric Telepsychiatry. Patient must attend first appt in office. Accepts several private insurance plans. Does not accept Medicaid.

**Trillium Place Pekin**

3248 Van De Ver Ave Pekin IL 61554

P. 309-347-5522 option 3 F. 309-347-7302

* Counseling ages 4 and up.
* Accepts all Medicaid plans and most private insurance plans. Cannot accept Tricare or Medicare for counseling.
* Offers telehealth option for counseling after patient gets established.
* Patients with Medicaid must do a walk-in assessment. Walk-in hours are Tuesday, Wednesday, and Thursday from 8 AM to 2 PM.
* Patients with private insurance can call and ask to speak with Paula Ballin, and she will review their coverage and schedule initial appt.

**Trillium Place East Peoria**

111 W. Washington St. Ste 230 East Peoria IL 61611

P. 309-694-6462 option 3 F. 309-694-7812

* Counseling ages 4 and up.
* Offers telehealth option for counseling after patient gets established.
* Accepts all Medicaid plans and most private insurance plans. Cannot accept Tricare or Medicare for counseling.
* Patients with Medicaid must do a walk-in assessment. Walk-in hours are Tuesday, Wednesday, and Thursday from 8 AM to 2 PM.
* Patients with private insurance can call and ask to speak with Paula Ballin, and she will review their coverage and schedule initial appt.

**EXTERNAL TELEPSYCH PROVIDERS**

**Advanced Behavioral Centers of DuPage Psychiatric Medical Clinic Services**

* Hinsdale Location:  
  501 W. Ogden Avenue Suite 1 Hinsdale, IL 60521

Phone: (630) 986-0599 Fax: (630) 986-1477

* Terrace Location:

1S376 Summit Avenue Court D, Unit 5B Oakbrook Terrace, IL 60181  
 Phone: (630) 629-6550

* Offers psychiatry and counseling for adults and children age 5 and up.
* Accepts most private insurance, as well as BCBS Community Health Plans and Meridian Medicaid.
* Offers telehealth.

**Associates in Mental Health**

900 Main St. Ste 580 Peoria IL 61602

P. 309-637- 4266 F. 309-637-9836

* Psychiatry for ages 2 and up
* Counseling for ages 4 and up
* Offers telehealth on a situational basis. Typically the patient would need to come to first appt in-person and ask provider about doing telehealth. No guarantee that all appts can be telehealth; psychiatrist may ask patient to do a portion of appts in person.

**Balanced**

100 Hillcrest Dr. Ste E Washington IL 61571

4700 N. Prospect Rd Ste 6 Peoria Heights IL

P: 309-444-2800 F: 309-444-2866

* Counseling for ages 4 and up.
* Accepts most private insurance plans.
* Does not accept Medicaid.
* Offers telehealth.

**Bess Practice, LLC**

Denise Bow, MA, NCC, LPC, LCPC, EMDR

712 E War Memorial Drive  
 Suite D  
 Peoria Heights, IL 61616

P: 309-696-5071 F: 309-403-0346

* Counseling for ages 11 and up
* Offers telehealth.
* Accepts several private insurance plans. Does not accept Medicaid.

**Bluesky Telepsychiatry**

431 Opus Plaza Suite 100 Downer’s Grove, IL

P: 888-279-0002 F: 833-638-0302

* Counseling and Psychiatry via telehealth for ages 18 and up
* In network with BCBS, Cigna, Aetna, Humana, United Insurance Plans. No Medicare, Medicaid, or HMO plans.
* Accepts OON; client must submit request for reimbursement to their insurance. Accepts self-pay.

**Carolee Coleman Therapy Services**

6035 N Knoxville Ave, Suite 204D Peoria, IL

P: 309-323-8987

* Counseling for ages 18 and up.
* Offers telehealth.
* Accepts Aetna, BCBS, EAP, Health Alliance, Humana, UHC/UBH.
* Does not accept Medicare or Medicaid plans.

**Chapters Counseling, PLLC**

Trish Mooberry, LCSW

Phone: 309-431-1556

* Telehealth appts only.
* Counseling for ages 12 and up.
* Offers both individual and couples counseling.
* Accepts: Aetna, BCBS, Health Alliance, Optum, UHC/UBC.
* Does not accept Medicare or Medicaid.

**Corey Hopson, LCPC Counseling Services**

712 East War Memorial Drive Suite D

Peoria Heights, IL 61616

Phone: 309-250-2967

* Counseling for preteens and up.
* Offers telehealth.
* Accepts most major insurance plans.
* Does not accept Medicare or Medicaid.

**Edge Counseling and Wellness, LLC**

Audrey LeMasters, MSW, LCSW, Ph. D

Inside Natural Balance Wellness Center

719 E Lake Avenue. Peoria, IL 61614

P: 309-408-1493 F: 309-691-9357

* Counseling for ages 16 and up.
* Offers group therapy, couples counseling, and family therapy.
* Accepts most major insurance plans.
* Does not accept Medicaid.
* Offers telehealth.

**Elliott Counseling Services, LLC**

1820 N Sterling Ave, Peoria, IL 61604

706 Ogelsby Ste 300, Normal, IL 61761

Phone: (309) 212-3606 F: 312-789-4373

* Counseling for children, teens, adults, couples, and families.
* Offers Telehealth.
* Accepts most insurance plans.
* Does not accept Medicaid.

**Golden Hour Therapy, PLLC**

Arin Salisbury, MS, LCPC, CADC

2619 West Heading Ave, STE 221, West Peoria, Illinois 61604

P: 815-242-1119

Website: goldenhourtherapyil.com

* Counseling for ages 10 and up.
* Offers telehealth.
* Accepted Insurance: BCBS, Optum, UMR, UHC. Able to bill OON benefits.
* Accepts self-pay and can provide sliding scale fees for self-pay clients as needed.
* Does not accept Medicare or Medicaid.

**Grit & Grace Therapy, PLLC**

1204 E. Oak St. #2-2

Mahomet, IL 61853

P: 217-530-5608 F: 309-981-8714

Website: gritandgraceillinois.com

* Counseling and psychiatry for ages 5 and up
* Offers telehealth for both counseling and psychiatry
* Accepts: Aetna, BCBS, Cigna, EAP (Resolutions), Health Alliance, Humana, Medicare, Student Resources, Tricare, United/Optum, WEbTPA, Medicare Plans
* Accepts self-pay and has a sliding scale option
* Does not accept Medicaid.

**John Day & Associates**

3716 W. Brighton Ave Peoria IL 61615

1520 E. College Ave Ste M Normal IL 61761

407 E. Center St. Eureka IL 61615

8 S. Main St. Ste 200 Canton IL 61520

137 N. Parkway Dr. Ste 4 Pekin IL 61554

P. 309-692-7755 F. 309-692-2262

* Counseling for children and adults
* Offers telehealth.
* Accepts most commercial insurance plans, and some Medicaid plans.

**Lakeview Medical and Psychiatric Healthcare**

1601 W. Jackson Street Suite 104

Macomb, IL 61455

P: 309-575-3222 F: 309-276-0615

* Counseling and psychiatry for children and adults.
* Offers telehealth.
* Accepted insurance: Accepts Health Alliance, BCBS, Healthlink.
* Not currently accepting Medicaid plans

**Life Balance Counseling**

8801 N University St, Peoria, IL 61615

P: 309-676-0538 F: 309-214-0096

* Counseling for ages 14 and up
* Provides individual, group, couples, and family counseling.
* Offers telehealth.
* Accepts most major insurance plans.
* Does not accept Medicare or Medicaid.

**Lifeline Counseling & Consulting**

333 Margaret St, Pekin, IL 61554

P: 309-407-7771 F: 309-620-8623

* Counseling ages 12 and up
* Accepts most major insurance plans.
* Does not accept Medicare or Medicaid.
* Offers telehealth.

**Life Stance**

5901 N. Prospect Rd Ste 201A. Peoria, IL 61614

P. 309-834-1780 F: 630-839-4849

lifestance.com

* Has many other offices throughout the state, including Pekin, Bloomington, and Champaign
* Counseling for ages 3 and up
* Psychiatry for ages 6 and up
* Accepts most commercial insurance.
* Several telehealth options.
* Does not accept Medicaid for any services. Does not accept Medicare for psychiatry.

**MFG Counseling Services**

Morgan Fulton-Gorham, LCSW

5016 North University Street Suite 101 Peoria, IL 61614  
P: 309-271-2178

* Counseling for ages 13 and up
* Offers telehealth.
* Accepts: BCBS, Cigna, Evernorth, LifeWorks, Morneau Shepell, Optum, United Healthcare UHC/UBH
* Does not accept Medicaid.

**Seventh Direction- Counseling**

Lisa Kyle-Wolf, LCSW

7501 N University 217B Suite Peoria, IL 61614  
 P: 309-517-5243 F: 309-306-0201

* Counseling for adults and children ages 6 and up.
* Offers telehealth option
* Accepts many insurance plans, including some Medicaid plans. Does not accept any HMO plans.

**TheraViv Wellness, LLC**

Amanda Walner-Cutright MS, LCSW, PMH-C

P: 309-315-3945

* Telehealth provider based out of Peoria
* Counseling for adults. Also sees teens ages 17-18 yrs for LGBTQ+ issues.
* Accepts BCBS IL and private pay with some sliding scale openings.
* Does not accept Medicare or Medicaid.

**Zoelife Psychiatric Services**

P: 708-766-8568 F: 708-273-5531

zoelifepsychiatricservices.com

* Crest Hill Address:  
  16151 South Weber Suite ll30  
  Crest Hill, Illinois 60403, United States
* Frankfort Address:  
  10209 W Lincoln Highway  
  Frankfort, Illinois 60423, United States
* Psychiatry for adults and children ages 7 and up
* Offers telehealth.
* Accepts: BCBS, Optum, Cigna, UHC, Magellan, Humana, Medicare, and all Medicaid plans except for County Care, Molina, and Allkids.

**Heartland Health Services-Telepsych**

**Adult Telepsych**

1701 W. Garden, Peoria, IL 61605

309-680-7600

hhsil.com

**Child/Adolescent Telepsych**

1800 N. Knoxville, Suite A, Peoria, IL 61603

309-680-7600

hhsil.com

**OSF Strive**

OSF Strive - Trauma Recovery Center

306 Pecan Street

Peoria, IL 61603

309-308-2030

Telepsych free of charge to our clients/patients who qualify for our services:

Currently providing services for ages 14 and older

City of Peoria resident

Victim/Family Member/Witness to violent crime

**OSF Provider List- Resource Link**

Balanced (Washington) - [**https://www.balancedwashington.com/therapis**t**s**](https://www.balancedwashington.com/therapists)

One Counseling and Wellness (Washington ) - [**https://onecounselingandwellness.com/about-us**](https://onecounselingandwellness.com/about-us)

Whole Life Solutions - [**https://wholelifesolutions**](https://wholelifesolutions)

Heidi VanHeuklon - [**https://www.psychologytoday.com/us/therapists/heidi-van-heuklon-peoria-il/**](https://www.psychologytoday.com/us/therapists/heidi-van-heuklon-peoria-il/)

Amanda Breeden - [**https://www.psychologytoday.com/us/therapists/amanda-breeden-peoria-il/265057**](https://www.psychologytoday.com/us/therapists/amanda-breeden-peoria-il/265057)

Christian Psychological Associates - [**https://christianpsychological.org/our-therapists**](https://christianpsychological.org/our-therapists)

Brianna Romanowicz - [**https://withallyourarttherapy.clientsecure.me/#home**](https://withallyourarttherapy.clientsecure.me/#home)

Jen Zeck - [**https://www.psychologytoday.com/us/therapists/jennifer-zeck-peoria-il/1081397**](https://www.psychologytoday.com/us/therapists/jennifer-zeck-peoria-il/1081397)

Amanda Crusen - [**https://www.amandacrusen.com/home**](https://www.amandacrusen.com/home)

Renae Miller **-** [**https://rmillercounseling.com**](https://rmillercounseling.com)

Meredith Messina - [**https://www.meredithmessina.com/**](https://www.meredithmessina.com/)

Bethany Vanne - [**https://www.psychologytoday.com/us/therapists/bethany-vanne-dunlap-il/954567**](https://www.psychologytoday.com/us/therapists/bethany-vanne-dunlap-il/954567)

Caitlin Reeves - [**https://www.psychologytoday.com/us/therapists/caitlin-reeves-peoria-il/921244**](https://www.psychologytoday.com/us/therapists/caitlin-reeves-peoria-il/921244) **or**

[**https://www.chapinandrussell.com/about-us/counselor-profiles**](https://www.chapinandrussell.com/about-us/counselor-profiles)

Inner Wellness, East Peoria **-** Lindsay Harms **-** [**https://innerwellnessil.com/meet-our-team**](https://innerwellnessil.com/meet-our-team)

Hope Counseling -Teresa Markum - [**https://www.psychologytoday.com/us/therapists/hope-counseling-and-therapy-services-llc-peoria-heights-il/287619**](https://www.psychologytoday.com/us/therapists/hope-counseling-and-therapy-services-llc-peoria-heights-il/287619)

Glen Manor - [**http://glenmanorcounseling.com**](http://glenmanorcounseling.com)

Corey Hobson - [**https://www.psychologytoday.com/us/therapists/corey-hopson-peoria-heights-il/476297**](https://www.psychologytoday.com/us/therapists/corey-hopson-peoria-heights-il/476297)

Chapin & Russell (Peoria) - [**https://www.chapinandrussell.com/about-us/counselor-profiles**](https://www.chapinandrussell.com/about-us/counselor-profiles)

Associates in Mental Health - [**https://www.aimh.com/counselingtherapists/1853770**](https://www.aimh.com/counselingtherapists/1853770)

Stonebridge Counseling - [**https://www.stonebridgepeoria.com/about-your-counselor**](https://www.stonebridgepeoria.com/about-your-counselor)

Antioch Group - [**https://www.antiochgroup.com**](https://www.antiochgroup.com)

Inspire counseling - [**http://www.inspirecounselingandwellness.com**](http://www.inspirecounselingandwellness.com)

Summit Family Therapy - [**https://summitfamilytherapy.com**](https://summitfamilytherapy.com)

Megan Stickelmaier Counseling - [**https://meganstickelmaiercounseling.com**](https://meganstickelmaiercounseling.com)

Syndeo - [**https://www.syndeocounseling.com**](https://www.syndeocounseling.com)

Integrated Family Therapy of Illinois - [**https://iftil.com**](https://iftil.com)

**Revised 10/5/2023 PFHC-MH Committee**