

Mental Health/Substance Use Action Team Meeting Minutes

DATE: 06/28/2021 **TIME**: 9:00 AM **Location**: Teams

Present: Holly Bill, Tim Bromley, Amy Roberts, Ray Bertino, Kate Green, Beth Lawrence, Queena Howard, Kerri Viets, Jan Leonard, Kim Litwiller, Sally Gambacorta, Sue Tisdale, Roland Tenley, Jerry Storm, Amber Clark, Jennifer Wenger, Marlena Willis, Hannah Jordan, George Goodlow, Osiris Dollar, Amanda Marcanio, Corey Campbell, Elizabeth Hensold, Grant Allen, Gregg Stoner, Joan Montoya, Mary-Jennifer Meister, Monica Hendrickson, Becky Turner, & Brooks Heider

Data Dashboards

- -Holly reviewed the data dashboards and noted that the dashboards hadn't really changed.
- -Holly noted that the Data Team has been working hard at finding the sources for the data.

<u>Community Presentation/Conversation – UnityPlace/Methodist College COVID-19 Mental</u> Health Response – Corey Campbell

- -Corey Campbell worked to start the conversation of those that were considered "essential workers" and how mental health and substance use issues are continuing in to rise, especially with essential workers in high-stress situation.
- -Methodist College does all health care degrees now and training has been started around trauma, burnout, etc.
- -Corey asked for feedback on how to integrate this into other places and build partnerships as they are early in the conceptual stage.
- -Holly stated that this is not one of the current objectives, as they were in place prior to COVID, so this would be an add on to what the groups are already doing.
- -Monica noted this would be best for the next cycle for feedback as they will be doing the survey soon and this will fit in.
- -This group can offer guidance as a sounding board to Methodist College continuing to work on this. The Steering Committee will continue to talk through this.
- -Corey's contact info: ccampbell@methodistcol.edu and 309-264-3087

Community Health Needs Assessment Update

- -Monica gave a brief history of the Community Health Needs Assessment (CHNA) and Community Health Improvement Plan (CHIP).
- -This summer the data will be collected with the CHNA for the next cycle and will go into early next year.
- -This cycle they will be using MAPP Mobilizing Action through Planning & Partnership which consists of 4 assessments: CHNA, Community Themes & Strengths (like a SWOT analysis), Forces of Change, assessment of the public health system more than just the Health Department.
- -The Partnership Board and Data Team are working to finalize the community survey and once it's done and all the contracts are in place, they will work to release it this year.

- -All the action teams brought forward feedback to have better data and more broken down.
- -Monica noted that once the survey is released that they will be pushing it out to many of those on the call to help get it out to different groups either web based or hard copies.
- -Holly offered a new member orientation for those who would like to better understand the larger picture of the Partnership Board and why this action team does what it does.

Action Teams Updates

-All of these groups need more help/members. Please reach out to Holly or Tim if you'd like to join.

Mental Health

1. Increase Mental Health First Aid Certifications by 10% (Joan Montoya)

- -Joan stated they are having a hard time finding out what the baseline is for those certified in the tri-county area.
- -The funds are there to certify instructions but having a hard time to figure out how they pay for it for someone else to take the course.
- -She has reached out to the nation council and are waiting to hear back.

2. Increase suicide prevention education for youth and adults by 10% (Hannah Chapman/Mike Kennedy)

- -Hannah stated they are continuing to meet monthly and have added to their attendance.
- -They have members from many different agencies and are continuing to ask everyone to gather data on suicides and attempts.
- -They are in the process of breaking down the Tazewell county data from 2018-2020.
- -It's been hard to get the most recent data, as most is from 2015-2018. Have received data from Peoria County and are still working on getting data from Woodford county.
- -They are working to breakdown the data even further.
- -Tim is working on data at OSF for positive suicide screenings or lifetime attempts.

3. Increase number of trauma informed schools by 10% (Michele Carmichael)

- -Michele was not able to attend, Holly gave an update stating that they are trying to capture what that means.
- -Do they want the schools to just be aware or identify something within a student.
- -They would like there to be some kind of Partnership award like trauma informed school, with different tiers.
- -They are looking for an award name, would need to be approved by the Partnership Board.
- -Will be bringing names of schools to the next meeting who are interested in this.
- -There are free trainings online by the state, take a few hours, once they're completed you're trauma informed.

4. Increase behavioral health integration by 10% (Tim Bromley)

- -Tim stated that there should be some growth with PCP offices due to getting back to seeing more people in person again.
- -OSF just opened an additional office in Chillicothe.
- -Tim is hopeful to meet this goal by the end of the year and UnityPoint is working towards this goal as well.

Substance Use

1. Reduce overdose through Narcan by increasing distribution by 10% (Elizabeth Hensold/Katy Endress)

- -Elizabeth stated that Katy ran the data, but the last she heard was that there was not much change just tracking the overdoses and reversals.
- -Holly reminded the group about the data site on the agenda.

2. Increase stable housing for frequent utilizers (Kate Green); Frequent Utilizers & Crisis response (Kelly Walsh)

- -Kate stated that they have been talking about the frequent utilizers and the crisis response really go together.
- -Trying to pull together all the right stakeholders and having conversations about what the correct interventions are.
- -Elizabeth noted they are trying to meet with the stakeholders by the end of July.
- -Jolt was involved at the beginning but haven't been able to participate since COVID. Would like to see them come back to the table if they have the time.

3. Increase number of schools who participate in Rx Drug Safety (Denise Backes)

- -Denise was not on the call.
- -Holly stated they met with Everfi who is putting on the virtual prescription drug education.
- -There are working to put outcomes together and are gearing up for another year of education, is on pause until the next school year.
- -The biggest help for this category is school connections. It's free, so if the schools want it, please help to get them connected.

4. Mass media campaigns for binge drinking and underage drinking (Kerri Viets)

- -Kerri stated they have an overall goal of a tri-county mass media campaign focused on chemically impaired driving, underage drinking, & binge drinking.
- -They came up with a slogan to be able to share it tri-county with the Partnership logo as well.
- -Talked about starting out with a parent-focused slogan and targeting marijuana and safe driving at first.
- -Around the back to school timeframe, would have more of a student-focused slogan.
- -Would need help accessing teens in Woodford & Peoria County.
- -Need ideas for a catchy, simple slogan.

5. Increase number of students certified as Peer Educators by 10% (Holly)

-There was no update for this group.

Meeting Structure

- -Holly asked the team if there was interest in continuing to meet monthly or every other month to allow more time for the side committees?
- -The majority of the group wanted every other month; this will be discussed at the July Steering Committee meeting. This group will still meet in July.
- -Holly asked the group if they prefer in person or virtual.
- -The majority of the group stated they want virtual. However, it was suggested to mostly meet virtual but have a couple in person meetings per year.
- -The final decision will be talked about the July meeting.

Member Announcements

-Beth stated that NAMI does not have an education program in July, but they do have a different one coming up that she will be sending information on later, (Understanding & Intervening in Bullying Behavior) with will be August 5th and is open to anyone who would like to attend.

-Joan added there is a Mental Health First Aid class on July 14th at Eureka Hospital that is free and open to the public. This will be in person from 8:00-4:30, bring your own lunch. Contact Joan if you'd like to attend. This training is to identify adults who are in crisis.

Next Meeting: Monday, July 26, @ 9:00 am – Microsoft Teams