



# QUARTERLY REPORT

PFHC DATA TEAM

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## SUMMARY

The Data Team for the Partnership For A Healthy Community (PFHC) is charged with assessing the health problems and needs for the Tri-County region. The goal of the Data Team is to track progress and challenges in the Tri-County region and provide timely feedback to the communities and board members on a variety of health metrics, including selected health interventions. The three health priority areas identified by the PFHC are explored in the following report: HEAL (healthy eating, active living), obesity, and mental health. Additional measures related to social determinants of health and mortality and provided quarterly to gain further insight into population health in the region. Utilizing public health surveillance measures along with programmatic measures, the Data Team uses a systematic process to identify the implementation of the selected programs. The programmatic outcomes for each selected health intervention for the three priority areas are continuously reviewed to ensure the effectiveness and ongoing improvement through identification of current challenges or needs.

The data team is comprised of a diverse set of stakeholders working collaboratively to provide updates to the community. The Data Team meets monthly to discuss updated public health surveillance measures, progress of selected health interventions, needs and challenges for the committees related to the health priorities and those that are in performance management. Below is a list of Data Team members and their respective organization, in alphabetical order.

<b>Name</b>	<b>Organization</b>
<b>Hillary Aggertt, MS</b>	Woodford County Health Department
<b>Sarah Donohue, PhD, MPH</b>	University of Illinois College of Medicine Peoria
<b>Sally Gambacorta, MA, MS</b>	Carle Health
<b>Megan Hanley, MPH</b>	Tazewell County Health Department
<b>Monica Hendrickson, MPH</b>	Peoria City/County Health Department
<b>Sara Kelly, PhD, MPH</b>	University of Illinois College of Medicine Peoria
<b>Amanda Sutphen, MS</b>	OSF HealthCare
<b>Tracy Terlinde, MPH</b>	Peoria City/County Health Department
<b>Larry Weinzimmer, PhD</b>	Bradley University

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# HEAL

**HEAL** is defined as healthy eating, active living, access to food and food insecurity.

**Healthy eating** is an eating plan that emphasizes fruits, vegetables, whole grains and fat-free or low-fat milk and milk products; includes a variety of protein foods, is low in added sugars, sodium, saturated fats, trans fat and cholesterol and stays within in daily caloric needs. Education, lifestyle interventions and food access positively affect healthy eating. **Active living** means doing physical activity throughout the day. Any activity that is physical and includes bodily movement during free time is part of an active lifestyle.

**Access to food** refers to the ability of an individual or household to acquire food. Transportation, travel time, availability of safe, healthy foods and food prices are factors to food access.

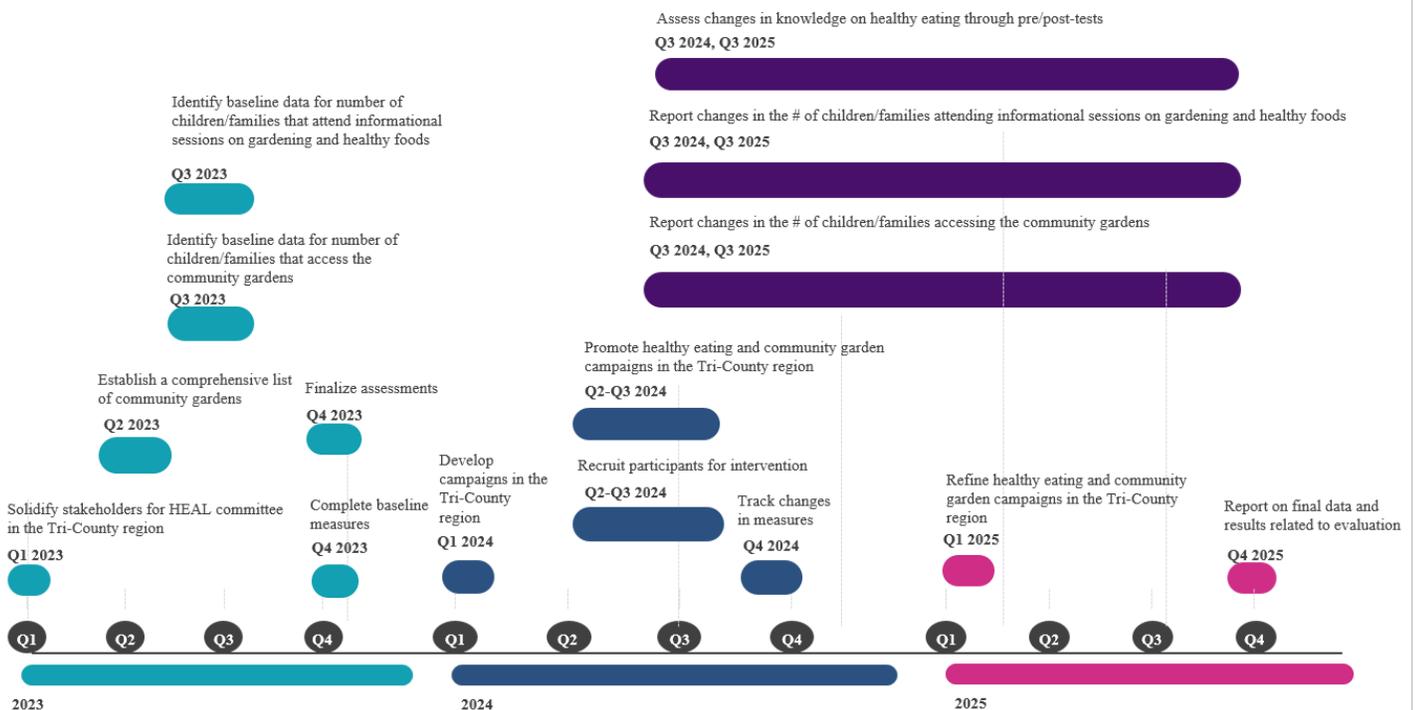
**Food insecurity** is as a lack of consistent access to enough, nutritious food for every person in a household to live an active, healthy life.

*The overall goal is to improve healthy eating and physical activity in the Tri-County region through two interventions: one focused on healthy eating and one focused on physical activity.*

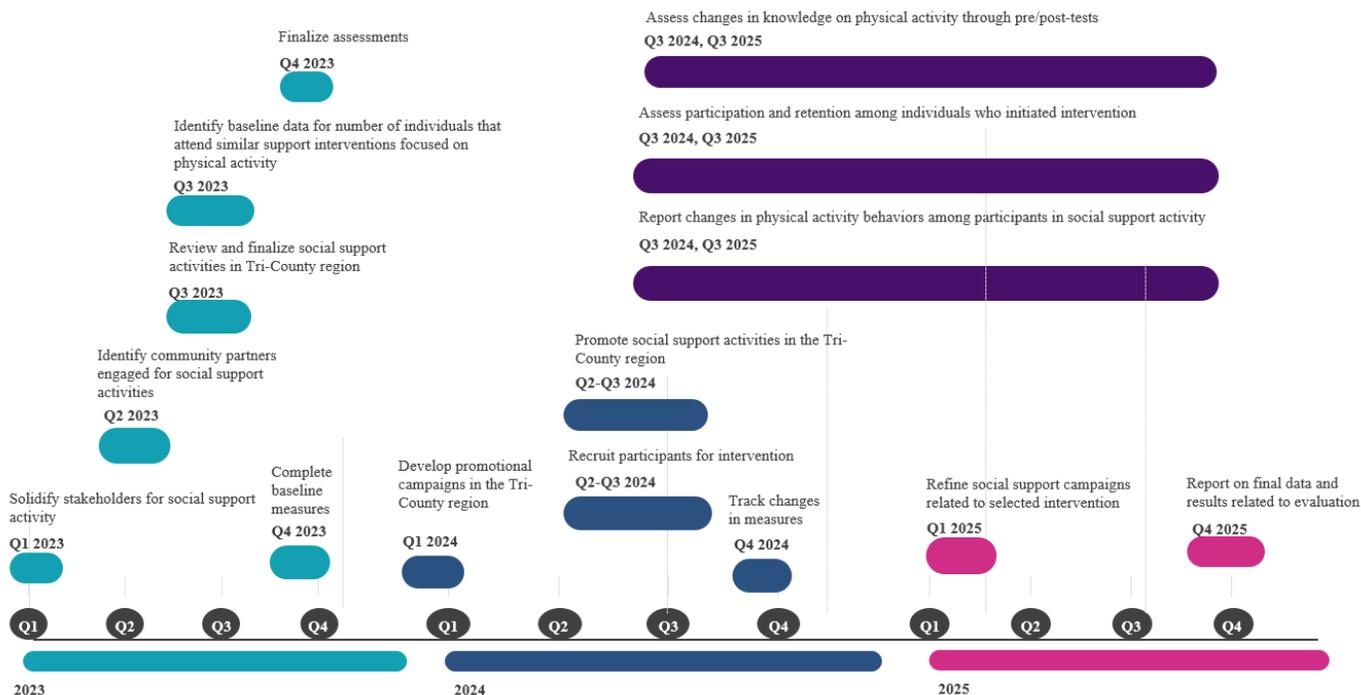
## Evaluation metrics for each intervention

### Roadmap of HEAL interventions

# HEALTHY EATING



# PHYSICAL ACTIVITY



## Programmatic outputs

### Intervention Strategy: Gardening: Increase Vegetable Consumption among Children (HE)

Objective: By December 31, 2025, increase accessibility of healthy food in the Tri-County Region through the support of community gardens by 10%.				
Tasks & Tactics	Evaluation Plan	Target & Data	Monthly Recap (08/23)	Upcoming Work
<b>Gather baseline data around community gardens and school-aged programming.</b>	Complete a comprehensive list establishing locations of community gardens and school aged gardening programs.	By January 2024, recruit Woodford County community gardens. <i>(Data being collected-due Q4 2023)</i>	No further work completed on list during month of July	Plan: Members of HE group to meet in August to refine our contacts so we can assign people to contact gardens at meeting in September – gather baseline data around number accessing gardens  With new list of gardens – possibility for this to be kept up and used in a mapping of locations.
	# of children/families accessing the community gardens	April 2023 – Identify # of children and families that accessed the garden <i>(Data being collected-due Q4 2023)</i>		
<b>Implement garden-based learning sessions focused on gardening and healthy eating.</b>	# of children/families attending information sessions about gardening and healthy foods.	April 2023 – Identify # of children and families that attended garden-based learning	St Ann’s continued their program with kids – Rebecca reached out to Dylan about setting up a time	Becca will talk with Hort Lead. Potentially plan as team for education in off season from gardens. Is it better to do a kick off late winter?

	Increase healthy eating knowledge through pre/post test evaluation per session by 75%		<p>to talk. Will circle back. Team is considering how to hold maybe some trainings for interested schools/partners so they feel equipped to utilize the garden curriculums identified by the group. Trainings could support afterschool programs &amp; school programs in being equipped to implement curriculum.</p> <p>Survey for adults is still out and available- Rebecca to check back in with WICs and see where we are at with response numbers and if we need to do a little more targeted distribution in any areas.</p>	Will want to have a standardized evaluation that could help us gather numbers of people attending and increase of healthy eating knowledge.
<b>Promote campaigns focused on healthy eating and access to healthy foods.</b>	# of healthy eating and community gardening campaigns in the Tri-County Region.	April 2023- Identify number of campaigns completed in 2022.	<p>Hunger Action Month has been a huge focus – part of our Tri-County Hunger Action Month Activities has been education especially around healthy donations to our charitable food system. All the Hunger Action Month materials are close to being completed – partners can download the toolkit and use the posts and language as well as share about any other activities/resources soon! Group will be updated when available.</p> <p>Will track with survey around usage post campaign with those who</p>	Still working on planning what next steps will look like. Rebecca to meet with Kate from the Y about the Holiday Idea. Rebecca to email WIC leads about potential of the kids cook Monday and working on this in the WIC team?

			<p>download the toolkit.</p> <p>Future campaigns around HE</p> <ol style="list-style-type: none"> <li>1. Holiday time Healthier Eating – Rebecca to talk to Kate at the Y</li> <li>2. Produce usage (Farmer’s market video with OSF) – check in on who created and can we do more in the future</li> <li>3. Gardening tips – maybe have time to work on what this could look like and</li> <li>4. Kids Cook Monday - <a href="https://www.mondaycampaigns.org/kids-cook-monday">https://www.mondaycampaigns.org/kids-cook-monday</a></li> </ol>	
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**Intervention Strategy: Physical Activity- Increase physical activity through social supports to improve fitness of adults in the Tri-County area. (PA)**

Objective: By December 31, 2025, increase adults reporting exercising 1-5 days a week among the Tri-County Region by 1%				
Tasks & Tactics	Evaluation Plan	Target & Data	Monthly Recap (08/23)	Upcoming Work
<b>Increase data collection focusing on adult physical activity in the Tri-County Region.</b>	# of establishments collecting adult physical activity data in the Tri-County Region.	<i>Data being collected- due Q4 2023</i>	Meeting with data team is needed to address issues/challenges being faced.	Amy will contact the data team for a meeting.
<b>Recruit additional Tri-County partner participation in the HEAL action team</b>	Increase # of partners recruited by 6.	<i>Baseline: 9 partners (different organizations)</i>	HEAL orientation PowerPoint for 2023-2025 available for recruitment. For data and evaluation - identify definition of "partner participation"	Hilary will add to PFHC website when website is ready for update. Shanita needs to discuss with Dr. Kelly to determine definition
<b>Create promotional campaigns to promote physical activity in the Tri-County Region</b>	Increase the number of physical activity campaigns in the Tri-County Region.	<i>Baseline: 4 campaigns</i>	'Take a Walk Wednesday' campaign will be developed and launched via social media Wednesday in September – October 2023 to highlight the benefits of a simple walk. Move it Monday campaign will begin in January 2024 and run through March. Partners will be survey regarding their organizations ability/willingness to participate in the campaigns by share the PFHC FB post on their social media platforms.	Kim & Jovon will create the 'Take a Walk Wednesday' social media campaign.  Kim will develop survey for distribution among partners.
<b>Create social support events focused on increasing physical activity in the Tri-County Region.</b>	Increase the number of adults attending each event by 50%	<i>Baseline – 1 events</i>	Planning for Tri-County Hunger Action Walk date: September 30, 2023, 9-11am Location: OSF Route 91  Tri-County Trek is a desired platform to use come January 2024 for a year campaign. Partners will be surveyed on their interest to cost share the Tri-County Trek app.	Marketing has been approved and released. Midwest Food Bank & Peoria Area Food Bank are sponsoring the Bridge Lighting. Volunteers have signed up to help with the walk Kim will develop the survey to access Partner willingness to support the Tri-County Trek app.

**Current challenges or needs for selected interventions**

**Healthy Eating (HE)**

- Collecting baseline data has been delayed due to gardens being in full swing but will be working on collecting this in the next few months.
- Requested support for sharing Hunger Action Month activities, toolkit, etc. A letter of support (LOS) will be sent to the Partnership Board and is asking for this to be shared to reach a larger audience.

**Physical activity (PA)**

- Recently met with data team and are working together to ensure data collection will be able to assess changes among PA among adults engaged in this intervention.

## Public health surveillance data

### **Healthy Eating (HE)**

	Peoria	Tazewell	Woodford	Illinois	United States
<i>Food Environment Index</i> <sup>1</sup>	6.9	8.0	8.9	8.5	7.0
<i>% food insecure</i> <sup>2</sup>	12.5	9.2	6.9	8.3	12.0
<i>% limited to healthy foods</i> <sup>3</sup>	13.2	9.3	4.7	4.8	6.0

**Data sources:**

1. 2019 & 2020 USDA Food Environment Atlas; Map the Meal Gap from Feeding America.
2. 2020 Map the Meal Gap from Feeding America
3. 2019 USDA Food Environment Atlas

*Food environment index is a measure of factors that contribute to a healthy food environment on a scale from 0 (worst) to 10 (best).*

*Food insecurity is measured by the percentage of population who lack adequate access to food.*

*Limited access to healthy foods is measured by the percentage of population who are low-income and do not live close to a grocery store.*

### **Physical activity (PA)**

	Peoria	Tazewell	Woodford	Illinois	United States
<i>% physical inactive</i> <sup>1</sup>	24.4	22.8	20.5	24.4	22.0
<i>Access to exercise opportunities</i> <sup>2</sup>	79.3	84.1	75.5	90.4	84.0
<i>No leisure-time physical activity</i> <sup>3</sup>	28.7	24.6	22.8	24.3	23.0

**Data sources:**

1. 2020 Behavior Risk Factor Surveillance System (BRFSS)
2. 2022 & 2020 ArcGIS Business Analyst and Living Atlas of the World; YMCA; US Census TIGER/Line Shapefiles
3. 2021 Behavior Risk Factor Surveillance System (BRFSS)

*Measures in tables using BRFSS data depicts the age-adjusted percentage of adults for the Tri-County region in comparison to Illinois and the US.*

*Access to exercise opportunities measures the percentage of individuals in a county who live reasonably close to a location for physical activity. Locations for physical activity are defined as parks or recreational facilities.*

Note: Additional measures related to HEAL are provided at the end of the obesity section in this report.

# OBESITY

**Obesity** is defined in the CHNA as overweight and obese.

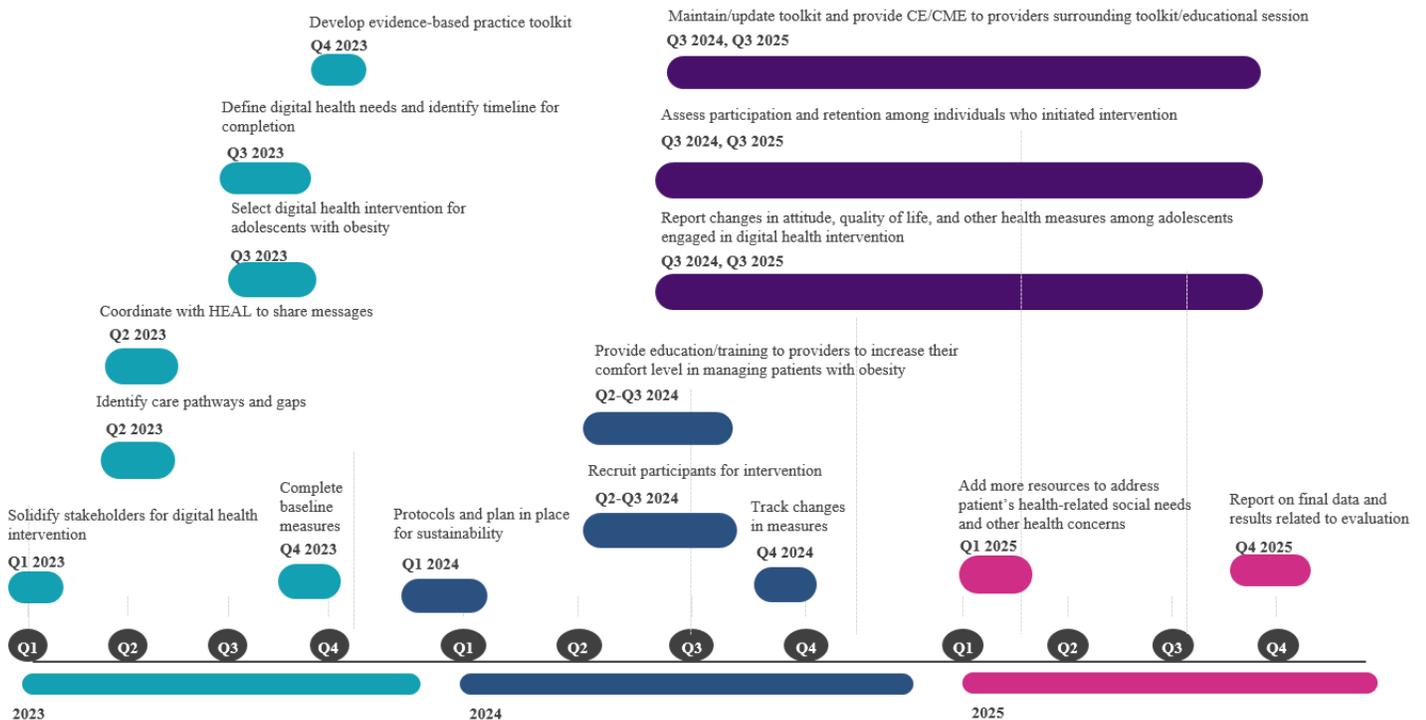
**Obesity** includes individuals who are overweight or obese. A weight that is higher than considered healthy for a given height, determined by Body Mass Index (BMI), is classified as overweight or obese. Prevalence of overweight and obesity is a risk factor for chronic disease and raises the risk of developing diabetes, heart disease or hypertension. **Reducing overweight and obesity, preventative screenings and clinical therapies can reduce the risk of chronic disease.**

*The overall goal is by the end of 2025, to reduce the proportion of residents with obesity in the Tri-County region.*

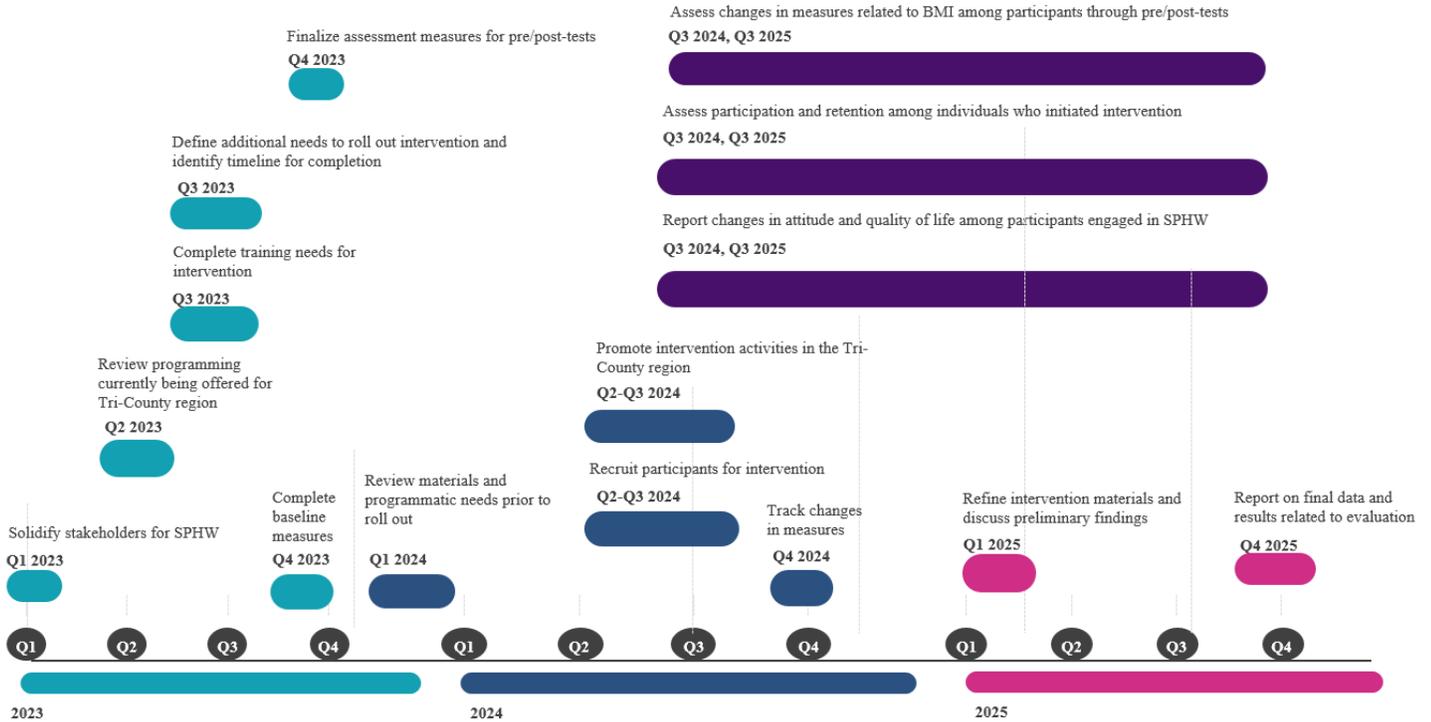
## Evaluation metrics for each intervention

### Roadmap of obesity interventions

# OBESITY: DIGITAL HEALTH INTERVENTION AMONG ADOLESCENTS



# OBESITY: STRONG PEOPLE HEALTHY WEIGHT (SPHW)



## Programmatic outputs

### Intervention Strategy: Digital Health Interventions for Adolescents with Obesity (DHIAO)

Objective: By December 31, 2025, reduce the proportion of adolescents with obesity in the TriCounty Region by 1%.				
Tasks & Tactics	Evaluation Plan	Target/Data	Monthly Recap (07/23)	Upcoming Work
Identify baseline data, definitions and programming for digital health interventions in the Tri-County area.	# of data points collected	<i>Data being collected- due Q4 2023</i>	Discussed Primary, Secondary, and Tertiary Levels of Prevention and Treatment. Outlined upcoming Goals, questions, timeline	<ul style="list-style-type: none"> <li>Ensure whatever intervention we use can be used tri-county and not just one hospital, for example</li> <li>YEAR 2</li> <li>Pilot chosen intervention</li> </ul>
	Define "Digital Health Interventions"			
	Identify programming currently being offered.			
Promote through education and awareness utilizing social media communication.	# of promotional campaigns performed through the Tri-County Region.	<i>Data being collected- due Q4 2023</i>		<ul style="list-style-type: none"> <li>YEAR 1</li> <li>Coordinate with HEAL to share messages for primary prevention</li> <li>Draft social media campaigns to target adolescents with obesity - can advertise for WELL and Healthy Kids U</li> <li>Include HEAL and obesity messages in Hult Center's adolescent health education programs</li> <li>YEAR 2</li> </ul>

				<ul style="list-style-type: none"> <li>Continue efforts from Year 1</li> </ul>
<b>Collaborate with healthcare providers for enrollment.</b>	% of individuals completing digital health program report improved weight related measures.	<i>Data due Q3 2024, Q3 2025</i>		<ul style="list-style-type: none"> <li>YEAR 1</li> <li>Identify care pathways and gaps</li> <li>Develop evidence-based practice toolkit for tri-county use</li> <li>YEAR 2</li> <li>Protocols and plan in place for sustainability</li> <li>Provide education/training to providers to increase their comfort level in managing patients with obesity</li> <li>YEAR 3</li> <li>Maintain and update toolkit</li> <li>Offer continuing education/training as requested</li> <li>Add more resources to address patients' health-related social needs and other health concerns</li> </ul>
	10-15% improvement in BMI	<i>Data due Q3 2024, Q3 2025</i>		
	% retention of registered individuals for one month of the program	<i>Data due Q3 2024, Q3 2025</i>		
<b>Promote behavioral change through use of technology devices.</b>	Pre / Post changes in behavior	<i>Assessments to be finalized by Q4 2023</i>		<ul style="list-style-type: none"> <li>Ask Dr. Kelly if she came across any interventions that may work for our target population</li> </ul>
<b>Personalize program with Text Messaging, Health coaching calls, or Tele Visits</b>	Pre/ Post changes in Biometrics	<i>Assessments to be finalized by Q4 2023</i>		Explore MyChart as an option for delivering digital health interventions for patients enrolled in Healthy Kids U (OSF) and/or WELL Program (Hult)

**Intervention Strategy: Strong People Healthy Weight (SPHW)**

<b>Objective : By December 31, 2025, reduce the proportion of adults (women) with obesity in the Tri-County Region by 2%.</b>				
<b>Tasks &amp; Tactics</b>	<b>Evaluation Plan</b>	<b>Target/Data</b>	<b>Monthly Recap (07/23)</b>	<b>Upcoming Work</b>
<b>Collect Baseline data</b>	# of establishments collecting adult physical activity data in the Tri-County Region.	<i>Data being collected- due Q4 2023</i>	Meta, Phil, and Nick A. met with Dr. Rebecca Seqwil-Fowler, creator of the SPSB programs to better understand requirements for participation and which program would be suitable for to implement in Tri-County.  Plan to obtain benchmark info from additional communities that have implemented Montana State: Lynn Paul Strong Heart Wisconsin: trained leader	Core SPSB programs Living well (aerobic & diet) Strong People (strength train) Strong Hearts (weight loss)
<b>Develop recruitment campaign in the Tri-County area.</b>	Increase # of individuals registering for programs	<i>Data being collected- due Q4 2023</i>	Increase more entities within the Tri-County area. As of now we have Peoria Y, PPD, U of I.	
	# of promotional campaigns performed in the Tri-County area.	<i>Data being collected- due Q4 2023</i>		

<b>Provide a Leadership workshop to educate and inform about program.</b>	# of participants in the workshop	<i>Data due Q3 2024, Q3 2025</i>		
<b>Partner with community resources to establish class locations.</b>	% of retention of registered individuals through completion of program.	<i>Data due Q3 2024, Q3 2025</i>		
	# of individuals completing SPHW program report having improved weight related measures.	<i>Data due Q3 2024, Q3 2025</i>		
	Enrollment of 25 participants quarterly within the Tri-County area.	<i>Data due Q3 2024, Q3 2025</i>		
<b>Share success stories of the program within the tri-county program</b>	# of pre/post test changes in biometrics and behavior.	<i>Assessments to be finalized by Q4 2023</i>		

**Current challenges or needs for selected interventions**

**Adolescent:**

- Need to follow up with clinical provider (Dr. Christison) for further review and guidance.
- Discussed desire to have Pediatrician input into group to include Dr. Sturdavent

**Strong People Healthy Weight (SPHW):**

- Cost (\$500 for each instructor).
  - There is no option for train the trainer. You must go through the training to teach the classes.
  - Online workshop includes: manuals, competence quizzes, safety, evidenced based program with marketing materials.
  - In-person training starts at \$6k w/ travel. Other considerations are equipment used for classes, hand or ankle weights
- Collecting baseline data—SPSB does not require any data collection.

**Public health surveillance data**

	Peoria	Tazewell	Woodford	Illinois	United States
<i>Obesity among adults</i>	36.1	35.6	33.9	33.9	33.0

Data sources:

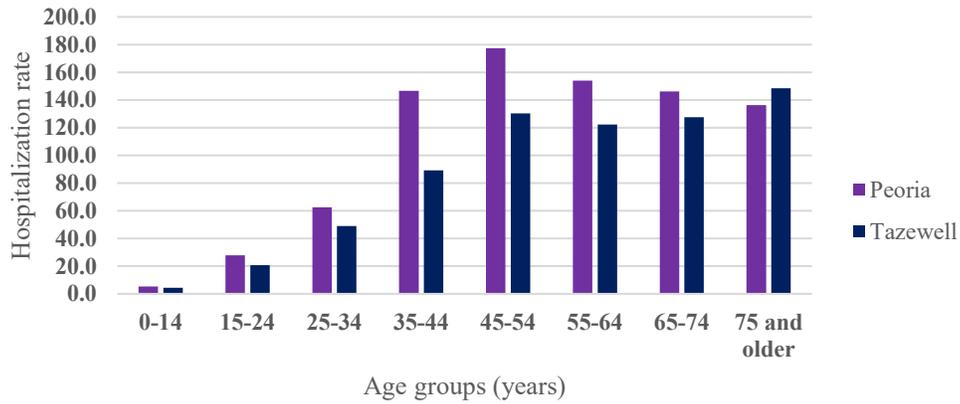
1. 2021 Behavior Risk Factor Surveillance System (BRFSS)

**ESSENCE data**

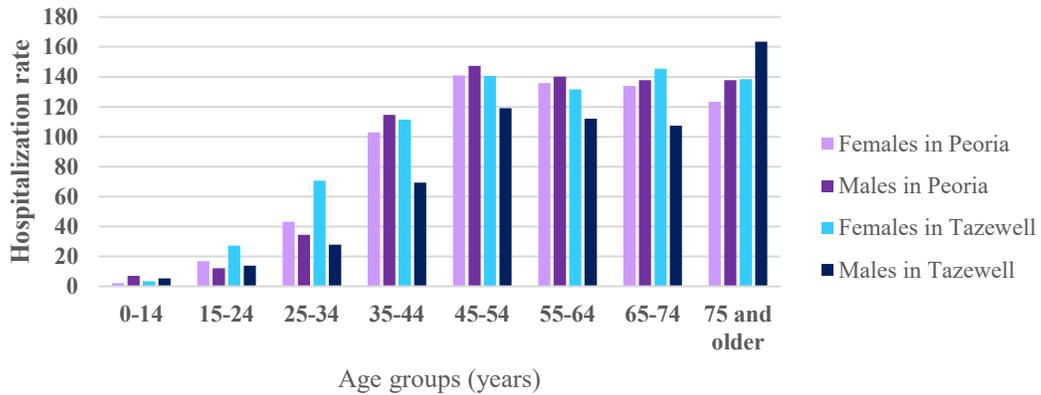
Obesity-related hospital admissions were pulled from the Electronic Surveillance System for the Early Notification of Community-Based Epidemics (ESSENCE) for Peoria and Tazewell Counties during 2022. We identified age-adjusted obesity-related admission rates based on the International Statistical Classification of Disease and Related Health Problems, Tenth Revision codes X66. We further explored

differences in rates by age, sex, and racial group to better understand the populations at highest risk for negative health outcomes related to each outcome.

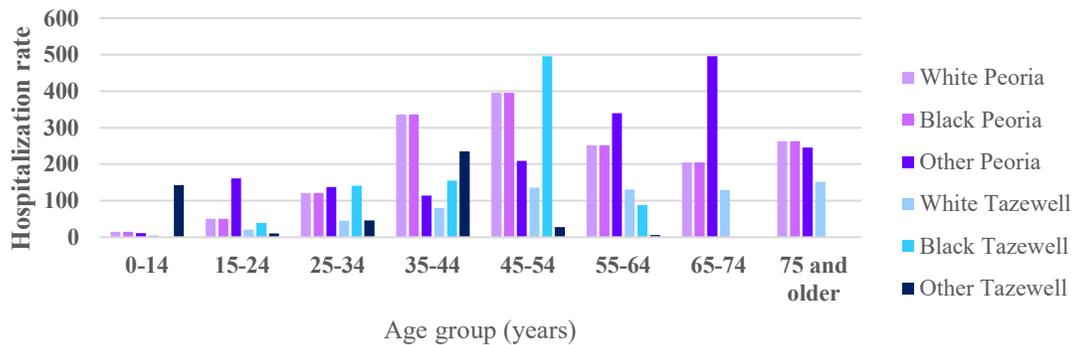
**Obesity-related admissions by age group in Peoria and Tazewell Counties, 2022**



**Obesity-related admissions by sex and age in Peoria and Tazewell Counties, 2022**



**Obesity-related admissions by race and age in Peoria and Tazewell Counties, 2022**



**Additional health metrics related to obesity**

	Peoria	Tazewell	Woodford	Illinois	United States
<i>Cholesterol screening among adults</i>	80.7	81.4	82.2	84.7	84.3
<i>High cholesterol among adults who have been screened</i>	28.3	28.7	28.7	28.1	31.0
<i>High blood pressure among adults</i>	31.1	30.1	28.3	27.2	29.6
<i>Diagnosed with diabetes (adults)</i>	10.1	8.4	7.8	9.7	9.9
<i>Coronary heart diseases (adults)</i>	5.4	5.1	4.8	5.2	5.2
<i>Stroke (adults)</i>	2.9	2.6	2.4	3.1	2.8

**Data sources:**

1. 2021 Behavior Risk Factor Surveillance System (BRFSS)

*Measures in tables using BRFSS data depicts the age-adjusted percentage of adults for the Tri-County region in comparison to Illinois and the US.*

# MENTAL HEALTH

**Mental Health** is defined as depression, anxiety and suicide in the CHNA.

Mental health includes depression, anxiety and suicide. Though substance use is not explicitly included in the scope of this priority, PFHC Board recognizes a complex relationship exists between mental health and substance use. The PFHC Board supports continued efforts to reduce substance use in the Tri-County.

**Depression** is a mood disorder that causes a persistent feeling of sadness and loss of interest. A diagnosis of depression includes symptoms that must last at least two weeks and represent a change in previous level of functioning; **Anxiety** involves an intense, excessive and persistent feeling of fear or dread, beyond a normal reaction to stress or nervousness, which can interfere with daily life. **Suicide** is when a person inflicts self-harm with the goal of ending their life and die as a result.

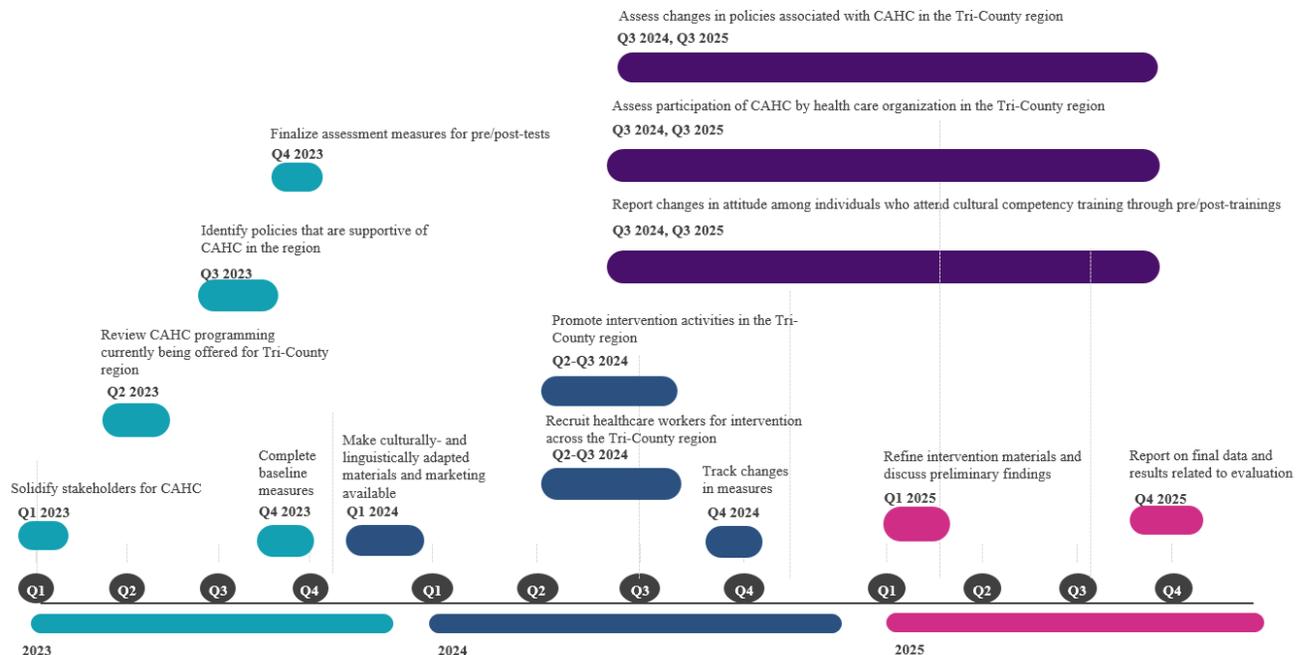
*The overall goal is to improve mental health, specifically in regards to suicide, depression, and anxiety within the Tri-County region. Specifically, the following long-term objectives are going to be worked on through two selected health interventions: culturally adapted health care (CAHC) and telemedicine (TELMED).*

- *By December 31, 2025, decrease the number of suicides in the Tri-County area by 10%.*
- *By December 31, 2025, increase the proportion of children and adults with mental health problems in the Tri-County areas who get treatment by 10%.*

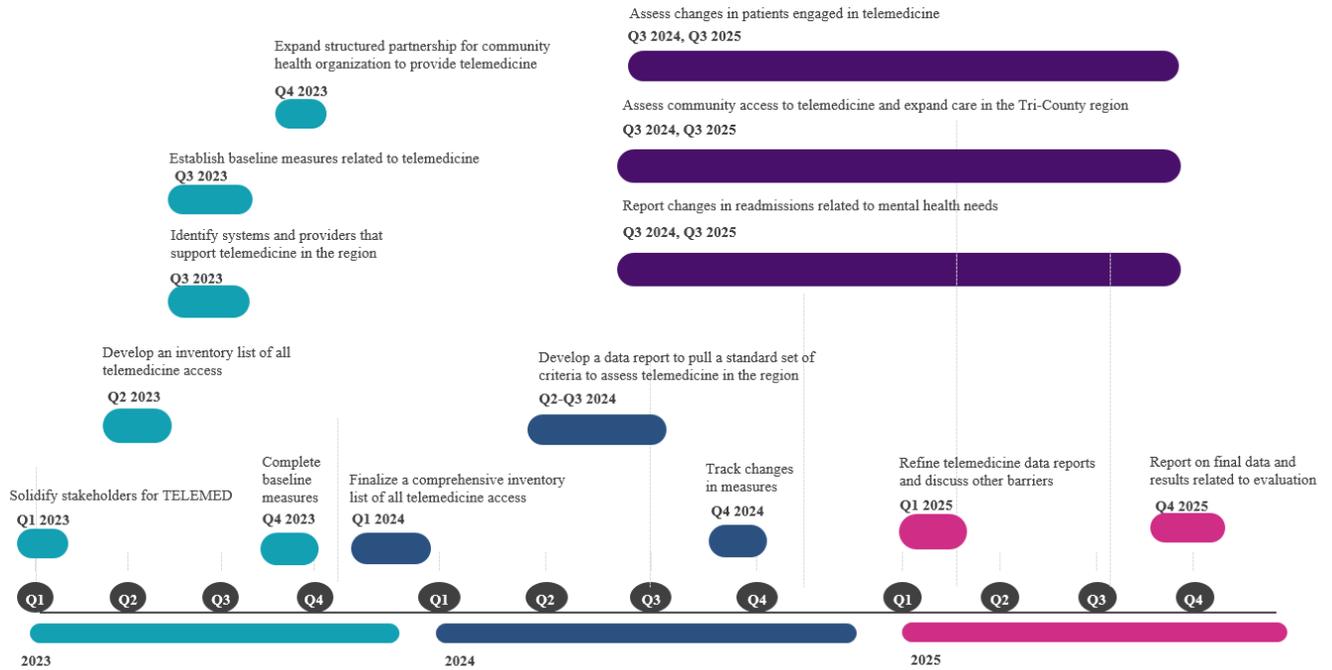
## Evaluation metrics for each intervention

### Roadmap of mental health interventions

# MENTAL HEALTH: CULTURALLY-ADAPTED HEALTH CARE



# MENTAL HEALTH: TELEMEDICINE



## Programmatic outputs

### Intervention Strategy: Culturally-Adapted Health Care (CAHC)

Tasks & Tactics	Evaluation Plan	Target/Data	Monthly Recap (08/23)	Upcoming Work
<b>Promote awareness and education trainings quarterly that are focused on improving cultural competence related to mental health care</b>	60% of individuals who register for the event(s) will complete the training	<i>Data due Q3 2024, Q3 2025</i>	*Meeting attendance is increasing; new representatives have joined and has been beneficial to the conversations	*Team is determining training plans for each healthcare entity *Team is identifying trainings that can be utilized across partner agencies as hospital trainings are only available to hospital staff at this time * UICOMP librarians have been engaged for literature search related to verified surveys and protocols that have been shown to increase cultural competency. When these are obtained, they will be analyzed for applicability to our region so the best fit surveys and training can be utilized
	More than 50% of the individuals who attended the sessions will self-report improvement in behaviors after cultural competence training(s)	<i>Data due Q3 2024, Q3 2025</i>		
	More than 70% of the individuals who attended the session will self-report improvement in attitudes after cultural competence training(s)	<i>Data due Q3 2024, Q3 2025</i>		

<b>Provide tailored educational trainings bi-annually to healthcare professional in the tri-county region</b>	Establish baseline, increase # providers completing cultural competence trainings by 10%	<i>Data due Q3 2024, Q3 2025</i>	*Committee is partnering with the tri-county cadre for MHFA to bring more awareness to the training and impact on the community for everyday living and professional scope of CAHC. Focus on Youth & Adult curriculums for full exposure.	*Team is determining training plans for each healthcare entity * Community Presentations to enhance CAHC knowledge to committee, community, and workplaces: CI Friends-Safe Zone training  Future: JOLT, Access Center- Trillium Place, STRIVE, Online trainings
<b>Create policies to support matching patient race/ethnicity/cultural/sexual orientation backgrounds to provider</b>	Increase # providers/systems that have policies to support cultural competence by 10%	<i>Data due Q3 2024, Q3 2025</i>		*Team is determining policies and plans for matching patient backgrounds/preferences to provider at each healthcare entity
<b>Make culturally- and linguistically adapted materials and marketing available</b>	Improve patient experience ratings (likelihood to recommend) by 1%	<i>Data due Q3 2024, Q3 2025</i>		*Team is determining existing efforts and future plans for CAHC materials at each healthcare entity

### Intervention Strategy: Telemedicine (TELMED)

Tasks & Tactics	Evaluation Plan	Target/Data	Monthly Recap (08/23)	Upcoming Work
<b>Establish baseline, inventory available telemedicine among tri-county</b>	Complete inventory list of all telemedicine access.	<i>Data due Q4 2023</i>	*The team agreed that telehealth services will likely decline due to providers preferring in-office care; in addition, laws are changing for hospitals and reimbursement	*Team is inventorying telemedicine resources for tri-county *Carle Health has a dashboard that shows up-to-date telehealth services over time
<b>Disseminate information through 10 promotional campaigns on how to access (mental health) telemedicine</b>	Increase # patients engaged in mental health telemedicine by 10%	<i>Data due Q3 2024, Q3 2025</i>		
<b>Support the development of structured partnerships for community healthcare organizations to provide telemedicine</b>	Increase # new patients enrolled in telemedicine by 10%	<i>Data due Q3 2024, Q3 2025</i>		
<b>Expand number of locations for community members to access telemedicine mental health care (community settings, OSF)</b>	Increase # telemedicine community access points by 10%	<i>Data due Q3 2024, Q3 2025</i>		

Strive, libraries, Wraparound Center, etc.)				
Provide more than 100 residents access to mental health telemedicine appointments who are either medically underserved or live in rural areas	Reduce # hospital readmissions among individuals who engage in telemedicine by 30%	Data due Q3 2024, Q3 2025		

## Current challenges or needs for selected interventions

### Culturally Adapted Health Care (CAHC)

- Leader-driven and requires hospital leaders and clinical leaders to support efforts and drive participation.
- Possible cost barriers to trainings and surveys (TBD)
- Need: fostering engagement from all team members
- *In addition to CAHC work, the team has identified a barrier for accessing mental health care. Mental health providers are overwhelmed, and it is difficult for patients who need it most to get an appointment. The committee identified that primary care providers can manage some patients at the primary care level, which would reduce the burden on specialists. Dr. Ashley Fischer is creating a toolkit for pediatricians for training and support; she needs assistance with compiling the research and wrapping up the toolkit for pediatric providers. This would be a great project for a resident or intern. If you are interested, please reach out to the chairs or H.Bill and they can connect you. Additionally, we need a provider who can take on creating a toolkit for adult providers. If you know of someone who can assist with this using the template that Dr. Fischer is creating, please let us know. Additional pieces that could use assistance are: how to track referrals to determine which PCPs would benefit from education on managing psychiatric conditions; how will we provide ongoing education for providers; what online platform will we use to disseminate these materials*

### Telemedicine (TELMED)

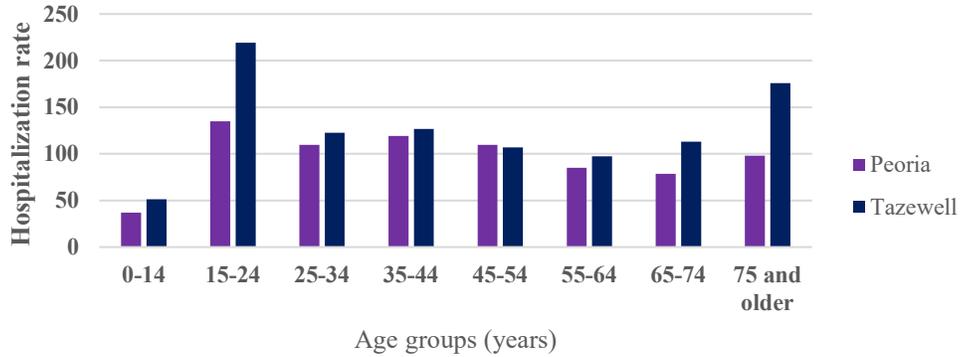
- OSF data not obtained at this time
- Currently working on obtaining data from other healthcare sources (data team working with chairs/co-chairs)
- *Additional: Suicide Prevention Workgroup Update: The Suicide Prevention Workgroup is continuing to meet from the previous cycle. They are requesting a page/section on the website to include: Toolkits, Best Practices, and Grief Book Recommendations; The hope is to complete all documents, brand as PFHC, and reduce meetings to annual/as needed so that efforts can be focused on new interventions. The team agrees that once these items are complete they will only need to be updated on the website if information changes.*

## Public health surveillance

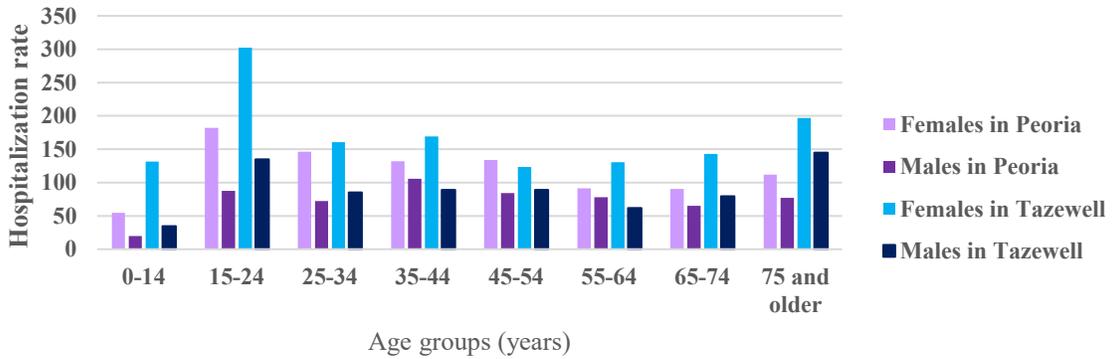
Hospital admissions related to mental health were pulled from the Electronic Surveillance System for the Early Notification of Community-Based Epidemics (ESSENCE) for Peoria and Tazewell Counties during 2022. We identified age-adjusted mental health-related admission rates based on the International Statistical Classification of Disease and Related Health Problems, Tenth Revision codes F32, F33 (depression), F41 (anxiety), and X60-X84, Y87.0,\*U03 (suicide). Given the needs of each diagnosis is likely different we identified hospital admissions for each area: depression, anxiety, and suicide separately. We further explored differences in rates by age, sex, and racial group to further understand the populations at highest risk for negative health outcomes related to each outcome.

*Depression*

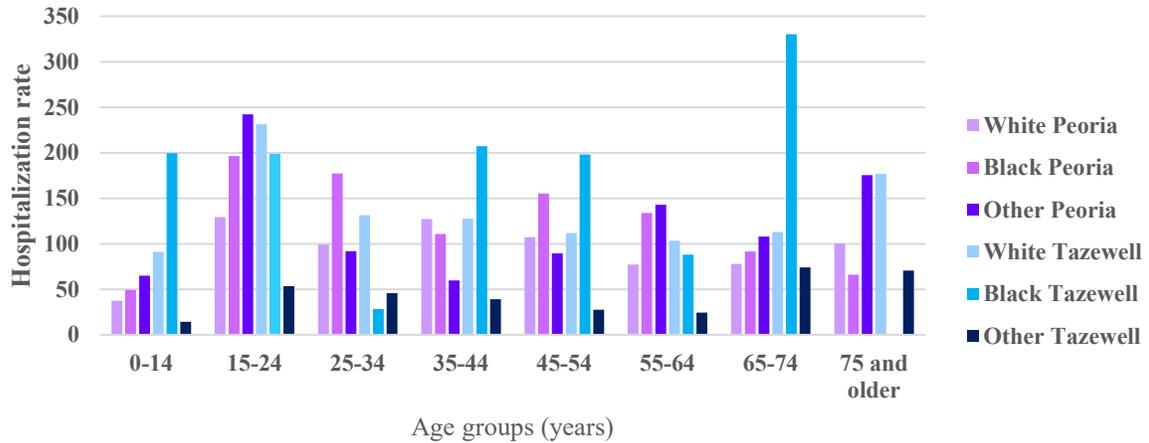
**Depression-related admissions by age in Peoria and Tazewell Counties, 2022**



**Depression-related admissions by sex and age in Peoria and Tazewell Counties, 2022**

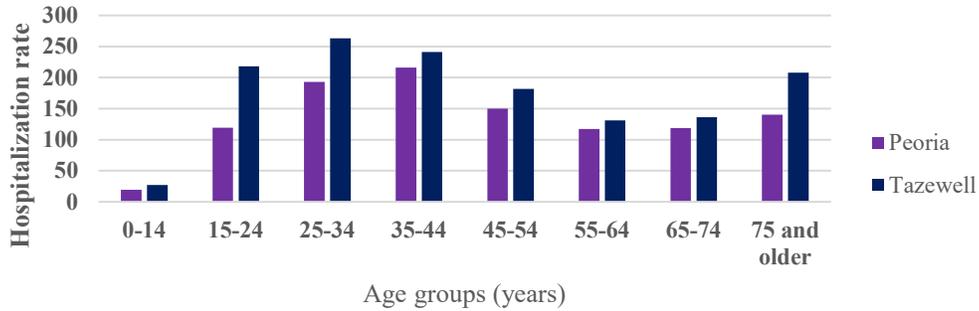


**Depression-related admissions by race and age in Peoria and Tazewell Counties, 2022**

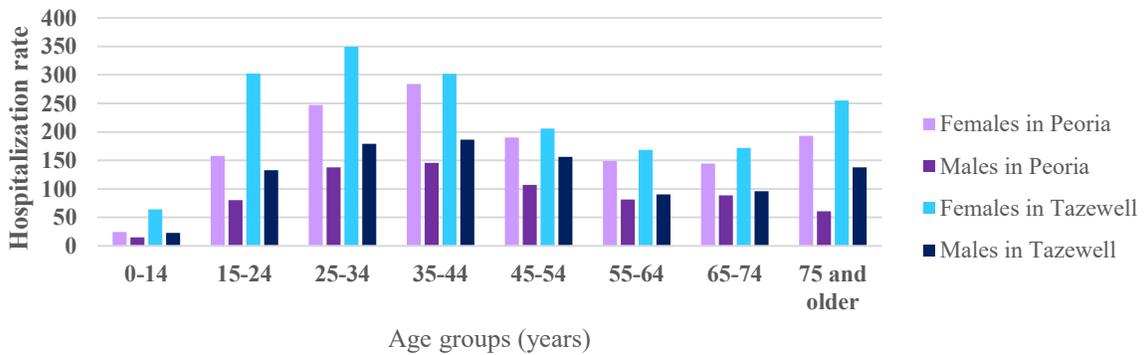


Anxiety

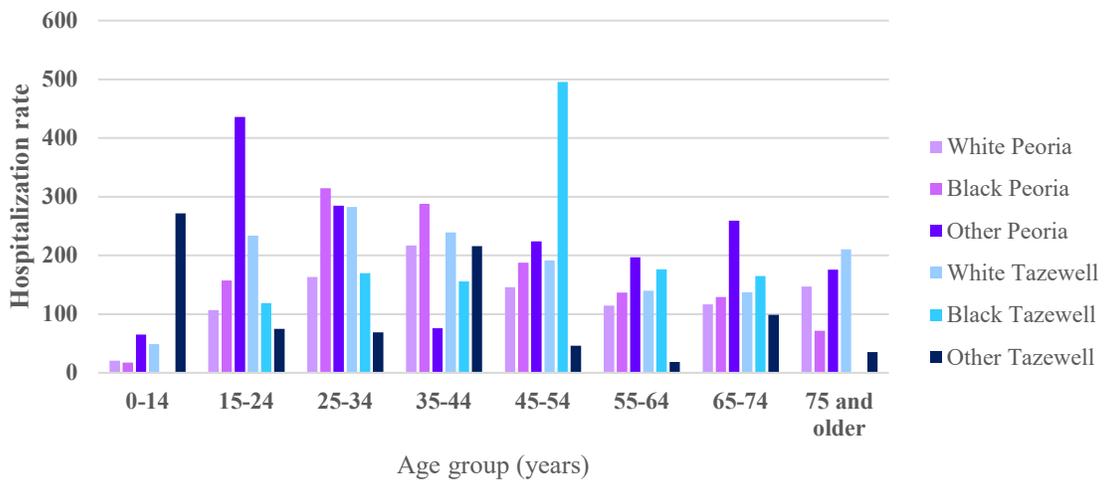
Anxiety-related admissions by age in Peoria and Tazewell Counties, 2022



Anxiety-related admissions by sex and age in Peoria and Tazewell Counties, 2022

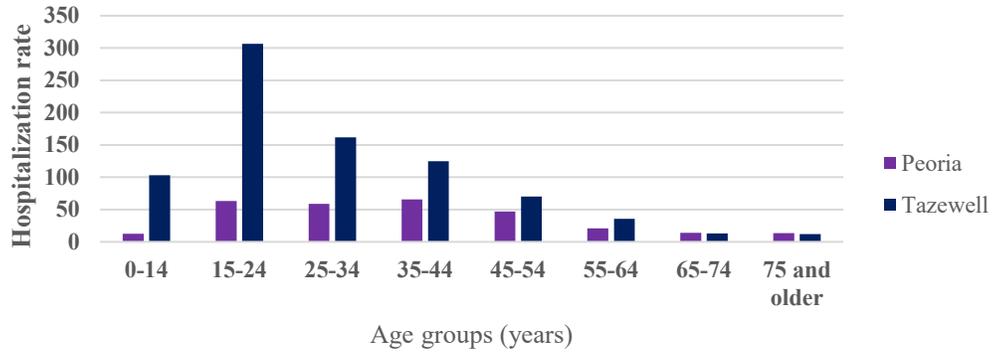


Anxiety-related admissions by race and age in Peoria and Tazewell Counties, 2022

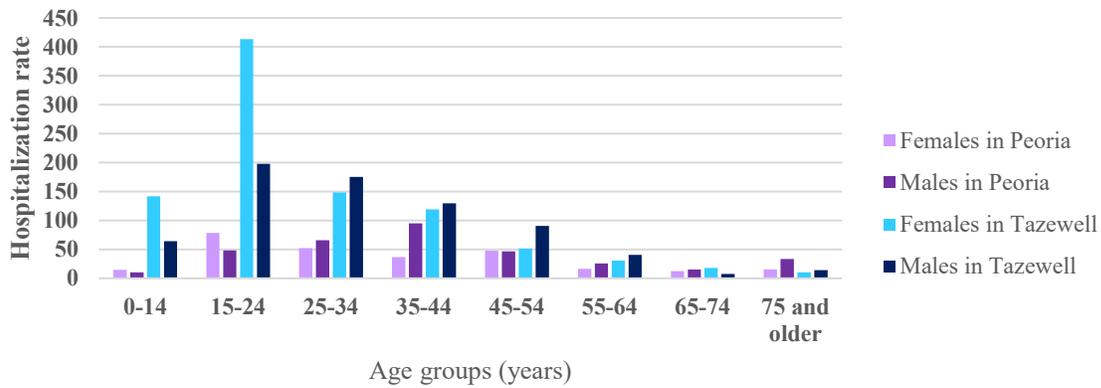


*Suicide*

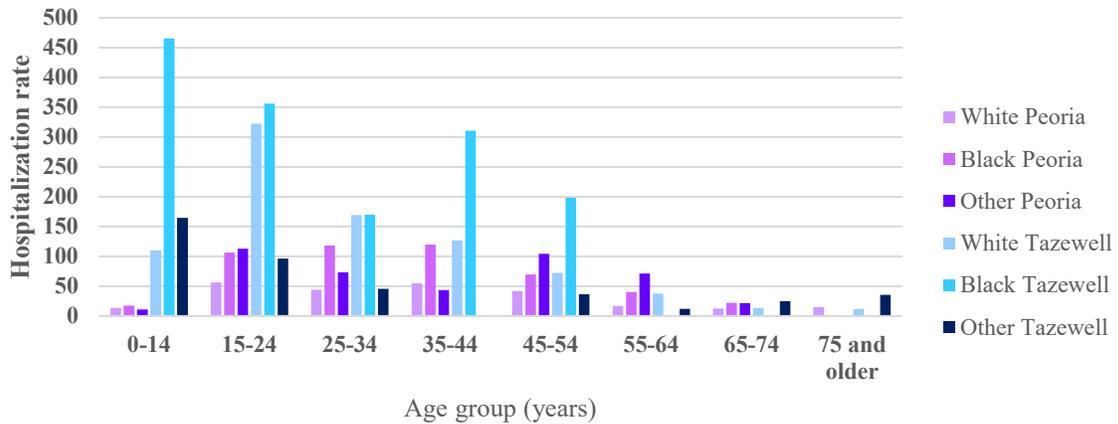
**Suicide-related admissions by age in Peoria and Tazewell Counties, 2022**



**Suicide-related admissions by sex and age in Peoria and Tazewell Counties, 2022**



**Suicide-related admissions by race and age in Peoria and Tazewell Counties, 2022**



## Additional health metrics related to mental health

	Peoria	Tazewell	Woodford	Illinois	United States
<b>Mental health status</b>					
<i>Mental health not good for 14+ days in the past month<sup>1</sup></i>	15.9	15.7	14.9	13.5	15.2
<i>Average number of mentally unhealthy days<sup>2</sup></i>	3.5	3.9	3.7	3.2	4.4
<i>% of adults who report mental distress<sup>2</sup></i>	13.0	13.1	12.6	10.2	14.0
<b>Mental health diagnosis</b>					
<i>Depression among adults<sup>1</sup></i>	21.2	22.0	21.0	17.3	19.8
<b>Additional measures of mental health (substance use)</b>					
<i>Binge drinking among adults<sup>1</sup></i>	16.4	18.1	18.8	16.0	16.7
<i>Alcohol-impaired Driving Deaths (% of driving deaths with alcohol involvement)<sup>3</sup></i>	37.2	18.2	33.3	28.8	27.0

**Data sources:**

1. 2021 Behavior Risk Factor Surveillance System (BRFSS)
2. 2020 Behavior Risk Factor Surveillance System (BRFSS)
3. 2016-2020 Fatality Analysis Reporting System (FARS)

*The data in the table above depicts the age-adjusted percentage of adults for the Tri-County region in comparison to Illinois and the US.*

*Poor mental health days* measures the average number of mentally unhealthy days reported in past 30 days (age-adjusted).

*Depressive disorder* measures the percentage of adults (age-adjusted) who have ever been told they had a depressive disorder (i.e., lifetime measure).

*Binge drinking among adults* measures the percentage of adults reporting binge drinking in the past 30 days. Binge drinking is defined as a woman consuming more than four alcoholic drinks during a single occasion or a man consuming more than five alcoholic drinks during a single occasion.

*Alcohol-impaired driving deaths* is a percentage of motor vehicle crash deaths with alcohol involvement. Alcohol-Impaired Driving Deaths are reported for the county of occurrence. This is because it is more likely that the drinking behavior that led to the driving crash happened where the accident occurred rather than in the county where the people involved in the crash reside.

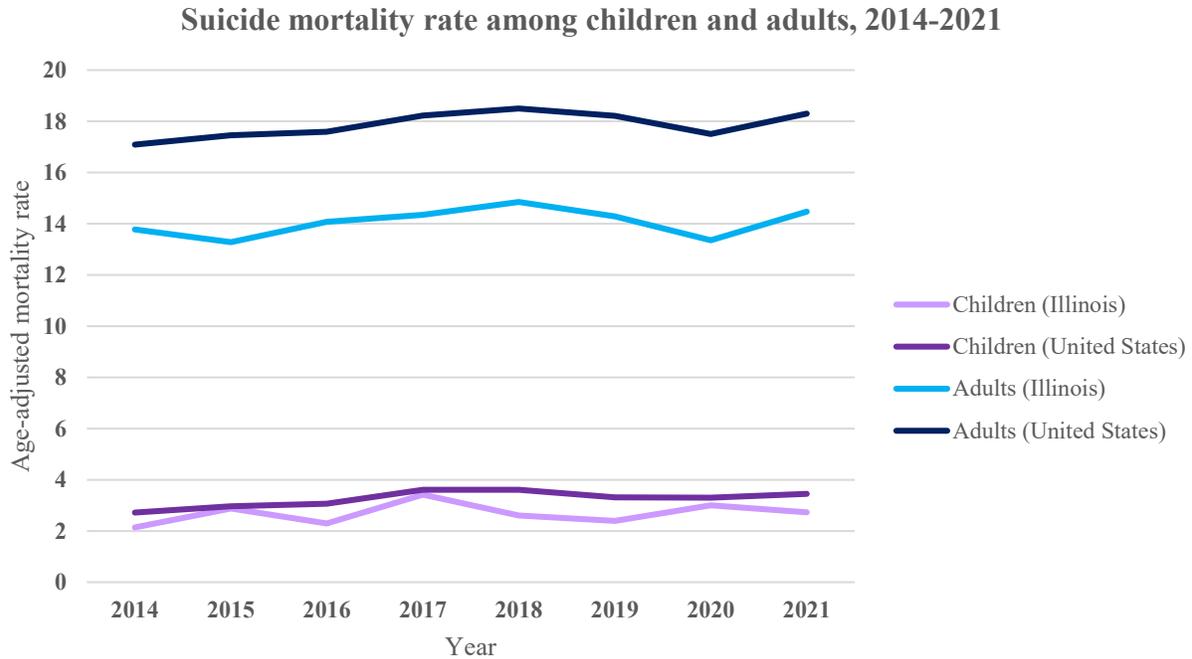
**Suicide mortality data for the Tri-County region**

	Peoria	Tazewell	Woodford	Illinois	United States
<i>Suicide mortality rate</i>	15.1	13.4	15.2	10.9	14.0

**Data sources:**

1. 2014-2020 NCHS

*Suicide mortality rate* is the number of deaths due to suicide per 100,000 population and is age-adjusted.



**Data sources:**

1. 2014-2021 CDC annual mortality files. Suicide ICD-10 codes included: X60-X84, Y87.0,\*U03

**Further examination of national suicide data**

Suicide mortality rates are highest among adults aged 85 years or older (22.39 per 100,000) followed by those 25 to 75 to 84 years (19.6 per 100,000), and 34 years of age (19.5 per 100,000). Younger groups have consistently had lower suicide rates than middle-aged and older adults. When examining suicide mortality rates by race/ethnicity and sex, the highest age-adjusted suicide mortality rate was among American Indians and Alaskan Natives. Much lower rates were found among Black or African Americans and Asians and Pacific Islanders. The most common method of death by suicide was firearms (55%), followed by suffocation/hangings (26%) and poisonings/overdoses (12%).

# ADDITIONAL MEASURES RELATED TO COMMUNITY HEALTH

## Population

	Peoria	Tazewell	Woodford	Illinois	United States
<i>Population estimates</i>	178,383	129,911	38,128	12,582,032	333,287,557
<b>Age (%)</b>					
<i>Persons under 5 years</i>	6.5%	5.1%	5.5%	5.4%	5.6%
<i>Persons under 18 years</i>	23.6%	21.8%	23.5%	21.6%	21.7%
<i>Persons 65 years and over</i>	18.6%	20.1%	19.4%	17.2%	17.3%
<b>Sex (%)</b>					
<i>Female</i>	51.2%	50.3%	49.7%	50.5%	50.4%
<b>Race and Hispanic (%)</b>					
<i>White alone</i>	72.5%	95.4%	96.6%	76.1%	75.5%
<i>Black or African American</i>	19.3%	1.6%	0.8%	14.7%	13.6%
<i>American Indian and Alaskan Native</i>	0.5%	0.4%	0.3%	0.6%	1.3%
<i>Asian</i>	4.4%	1.0%	0.8%	6.3%	6.3%
<i>Two or more races</i>	3.3%	1.7%	1.4%	2.2%	3.0%
<i>Hispanic or Latino</i>	5.7%	2.8%	2.0%	18.3%	19.1%
<i>White alone, not Hispanic or Latino</i>	67.9%	93.0%	94.8%	59.5%	58.9%
<b>Other population statistics</b>					
<i>Veterans</i>	8,870	7,720	2,009	537,552	17,431,290
<i>Foreign-born persons (%)</i>	6.3%	1.6%	1.7%	14.1%	13.6%

Data source:

1. 2022 American Community Survey, Census.

## Social determinants of health (SDOH)

	Peoria	Tazewell	Woodford	Illinois	United States
<b>Educational attainment</b>					
<i>% completed high school<sup>1</sup></i>	92.2	93.2	94.3	89.9	89.0
<i>% completed some college<sup>1</sup></i>	71.5	70.7	76.6	70.7	67.0
<b>Socioeconomic status</b>					
<i>Median household income<sup>2</sup></i>	\$56,500	\$65,427	\$85,085	\$72,215	\$69,700
<i>% unemployed<sup>3</sup></i>	7.2	5.0	4.0	6.1	5.4
<b>Housing</b>					
<i>% of population with severe housing problems<sup>1</sup></i>	13.6	9.1	9.2	16.1	17.0
<i>% homeowners<sup>1</sup></i>	65.7	76.4	81.2	66.5	65.0
<i>% with severe housing cost burden<sup>1</sup></i>	13.1	8.8	8.0	13.9	14.0
<b>Insurance</b>					
<i>% uninsured<sup>4</sup></i>	7.1	5.7	5.3	8.4	10.0
<b>Additional measures</b>					
<i>% with broadband access<sup>1</sup></i>	84.4	85.8	87.0	86.9	87.0
<i>Social association rate<sup>5</sup></i>	13.0	13.8	15.8	9.8	9.1
<i>Income inequality<sup>1</sup></i>	5.3	4.0	4.2	5.0	4.9
<i>Residential segregation index<sup>1</sup></i>	58.9	65.0	52.8	71.5	63.0
<b>Access to care</b>					
<i>Primary care physicians ratio<sup>6</sup></i>	719:1	2,144:1	2,005:1	1,232:1	1,310:1
<i>Mental health provider ratio<sup>7</sup></i>	365:1	459:1	2,730:1	344:1	340:1
<i>Other primary care provider ratio<sup>7</sup></i>	402:1	1,534:1	1,365:1	946:1	810:1

**Data sources:**

1. 2017-2021 American Community Survey, 5-year estimates
2. 2021 Small Area Income and Poverty Estimates
3. 2021 Bureau of Labor Statistics
4. 2020 Small Area Health Insurance Estimates
5. 2020 County Business Patterns
6. 2020 Area Health Resource File/American Medical Association
7. 2022 CMS, National Provider Identification

*Income Ratio: Ratio of household income at the 80th percentile to income at the 20th percentile.*

*Residential segregation index: index of dissimilarity where higher values indicate greater residential segregation between Black and white county resident.*

*Health care provider ratio is the ratio of population to the number of providers.*

### SDOH measures by race

	Peoria	Tazewell	Woodford	Illinois
<b>Median household income<sup>1</sup></b>				
<i>Black</i>	\$31,696	\$29,968	SUPP	\$43,183
<i>Hispanic</i>	\$50,479	\$63,094	\$100,500	\$63,833
<i>White</i>	\$63,265	\$69,463	\$75,903	\$80,001

**Data sources:**

1. 2021 Small Area Income and Poverty Estimates

*SUPP: Data are suppressed for Woodford County for black residents due to population size.*

### SDOH measures related to children

	Peoria	Tazewell	Woodford	Illinois	United States
<b>Poverty</b>					
<i>% children in poverty<sup>1</sup></i>	22.0	12.4	8.2	15.9	17.0
<b>Additional</b>					
<i>% disconnected youth<sup>2</sup></i>	9.3	4.5	SUPP	6.3	7.0
<i>Juvenile arrest rate<sup>3</sup></i>	24.9	4.3	4.3	8.2	24.0
<b>Scores/grade performance measures</b>					
<i>Average reading score/grade performance<sup>4</sup></i>	2.8	3.1	3.3	3.0	3.1
<i>Average math score/grade performance<sup>4</sup></i>	2.7	3.1	3.3	2.9	3.0

**Data sources:**

1. 2021 Small Area Income and Poverty Estimates

2. 2017-2021 American Community Survey, 5-year estimates

3. 2019 Easy Access to State and County Juvenile Court Case Counts

4. 2018 Stanford Education Data Archive

*SUPP: Data are suppressed for Woodford County for black residents due to population size.*

*Scores/grade performance is the average grade level performance in the county for 3<sup>rd</sup> graders on reading/math standardized tests.*

### SDOH measures related to children by race

	Peoria	Tazewell	Woodford	Illinois
<b>% children in poverty<sup>1</sup></b>				
<i>Black</i>	44.0	52.5	5.6	35.5
<i>Hispanic</i>	20.9	4.2	6.2	19.2
<i>White</i>	9.2	10.0	5.5	9.1
<b>Average reading score/grade performance<sup>2</sup></b>				
<i>Black</i>	2.0	2.5	SUPP	2.5

<i>Hispanic</i>	2.3	2.9	SUPP	2.7
<i>White</i>	3.2	3.1	SUPP	3.3
<b>Average math score/grade performance<sup>2</sup></b>				
<i>Black</i>	2.0	2.3	SUPP	2.3
<i>Hispanic</i>	2.3	2.8	SUPP	2.6
<i>White</i>	3.2	3.1	SUPP	3.2

**Data sources:**

1. 2021 Small Area Income and Poverty Estimates
2. 2018 Stanford Education Data Archive

*SUPP: Data are suppressed for Woodford County for black residents due to population size.*

*Scores/grade performance is the average grade level performance in the county for 3<sup>rd</sup> graders on reading/math standardized tests.*

## Additional measures related to health status

	Peoria	Tazewell	Woodford	Illinois	United States
<b>Health status</b>					
<i>Fair or poor self-rated health status among adults<sup>1</sup></i>	15.3	13.2	11.9	14.4	15.2
<i>Physical health not good for more than 14+ days in the past month<sup>1</sup></i>	10.9	10.3	9.5	10.2	10.3
<i>Average number of physically unhealthy days in the past month<sup>2</sup></i>	3.0	2.8	2.6	2.7	3.0
<b>Chronic conditions</b>					
<i>Arthritis among adults<sup>1</sup></i>	22.4	22.5	22.1	19.3	22.2
<i>Chronic kidney disease among adults<sup>1</sup></i>	2.9	2.6	2.5	2.2	2.7
<i>Chronic obstructive pulmonary disease among adults<sup>1</sup></i>	6.4	6.1	5.5	4.9	5.7
<i>Asthma among adults<sup>1</sup></i>	10.3	9.8	9.5	8.8	9.7

**Data sources:**

1. 2021 Behavior Risk Factor Surveillance System (BRFSS)
2. 2020 Behavior Risk Factor Surveillance System (BRFSS)

*The data in the table above depicts the age-adjusted percentage of adults for the Tri-County region in comparison to Illinois and the US.*

*Poor health days measures the average number of mentally unhealthy days reported in past 30 days (age-adjusted).*

## Prevention

	Peoria	Tazewell	Woodford	Illinois	United States
<b>Medical encounters</b>					
<i>Preventable hospital rate<sup>1</sup></i>	2,848	2,554	2,161	3,310	2,809
<i>Visits to doctor for routine checkup<sup>2</sup></i>	77.1	77.1	76.6	77.5	71.8
<b>Vaccinations</b>					
<i>% Vaccinated for influenza<sup>1</sup></i>	57	59	57	53	51

**Data sources:**

1. 2020 Mapping Medicare Disparities Tool
2. 2020 Behavior Risk Factor Surveillance System (BRFSS)

*Preventable Hospital Stays* measures the number of hospital stays for ambulatory-care sensitive conditions per 100,000 Medicare enrollees.

*Visits to doctor for routine checkup* is the percentage of adults 18 and older who report that they visited a doctor for a routine checkup during the past 12 months.

*% Vaccinated for influenza* is the percentage of adults (18+ years) who report they have received an influenza vaccine during the past 12 months.

### Prevention measures by race

	Peoria	Tazewell	Woodford	Illinois
<b>Preventable hospital rate per 100,000<sup>1</sup></b>				
<i>Black</i>	6,008	11,902	SUPP	6,061
<i>Hispanic</i>	2,000	SUPP	SUPP	3,029
<i>White</i>	2,541	2,563	SUPP	3,007
<b>% vaccinated for influenza</b>				
<i>Black</i>	43	57	SUPP	37
<i>Hispanic</i>	48	56	67	45
<i>White</i>	59	59	57	55

**Data sources:**

1. 2020 Mapping Medicare Disparities Tool
2. 2020 Behavior Risk Factor Surveillance System (BRFSS)

*SUPP: Data are suppressed due to small numbers.*

## Cancer

	Peoria	Tazewell	Woodford	Illinois	United States
<b>Medical encounters</b>					
<i>Cancer diagnosis (excluding skin)<sup>1</sup></i>	6.2	6.5	6.5	6.9	6.0
<b>Cancer screening</b>					
<i>Up-to-date on colon cancer screening<sup>2</sup></i>	68.9	67.5	69.5		70.6
<i>Up-to-date on cervical cancer screening<sup>2</sup></i>	81.4	81.4	81.4		
<i>Up-to-date on breast cancer screening<sup>2</sup></i>	71.8	72.2	74.4	79.9	77.8

**Data sources:**

1. 2021 Behavior Risk Factor Surveillance System (BRFSS)
2. 2020 Behavior Risk Factor Surveillance System (BRFSS)

The data in the table above depicts the age-adjusted percentage of adults for the Tri-County region in comparison to Illinois and the US.

*Up-to-date on colon cancer screening* is the percentage of adults 50-75 years old who report having had a fecal occult blood test (FOBT) during the past year, or a sigmoidoscopy during the past 5 years and an FOBT during the past 3 years, or a colonoscopy during the past 10 years.

*Up-to-date on cervical cancer screening* is the percentage of females 21-65 years old without a hysterectomy who report having had a Pap test during the past 3 years.

*Up-to-date on breast cancer screening* is the percentage of females 50-74 years old who report having had a mammogram during the past 2 years.

### **Mammogram by race**

	Peoria	Tazewell	Woodford	Illinois
<b>% with annual mammogram <sup>1</sup></b>				
<i>Black</i>	36	SUPP	SUPP	32
<i>Hispanic</i>	27	15	SUPP	26
<i>White</i>	40	40	SUPP	39

**Data sources:**

1. 2020 Mapping Medicare Disparities Tool

*SUPP: Data are suppressed due to small numbers.*

## Health risk behaviors

	Peoria	Tazewell	Woodford	Illinois	United States
<b>Health risk behaviors</b>					
<i>Current smoking<sup>1</sup></i>	16.5	16.2	14.5	12.3	13.8

<i>Sleeping less than 7 hours a night</i> <sup>2</sup>	32.8	31.5	31.0	32.0	33.3
<b>Outcomes related to risky behavior</b>					
<i>Chlamydia prevalence</i> <sup>3</sup>	881.8	274.7	163.8	542.3	481.3
<i>HIV prevalence</i> <sup>3</sup>	251.1	76.9	66.1	336.8	380.0

**Data sources:**

1. 2022 Behavior Risk Factor Surveillance System (BRFSS)
2. 2021 Behavior Risk Factor Surveillance System (BRFSS)
3. 2020 National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention

*The data in the table above depicts the age-adjusted percentage of adults for the Tri-County region in comparison to Illinois and the US.*

*Current smoking* is the percentage of adults who report they currently smoke cigarettes either every day or on some days.

*Sleeping less than 7 hours* depicts the percentage of adults who report they get less than 7 hours or less of sleep in a 24-hour period.

*Chlamydia prevalence* is the rate of newly diagnosed cases of chlamydia for people aged 13 years and older in a county per 100,000 population.

*HIV prevalence* is the rate of diagnosed cases of HIV for people aged 13 years and older in a county per 100,000 population.

## Maternal and child health

	Peoria	Tazewell	Woodford	Illinois	United States
<b>Teen birth rate</b>					
<i>Teen birth rate<sup>1</sup></i>	31.6	18.7	10.5	17.8	19.0
<i>% babies born with low birthweight<sup>1</sup></i>	9.9	6.1	6.4	8.4	8.0

**Data sources:**

1. 2014-2020 NCHS

*The data in the table above represents the percentage of adults (18+ years) and are age-adjusted.*

*Teen Births* is the number of births to females ages 15-19 per 1,000 females in a county.

*Babies born with low birthweight* is the percentage of live births with low birthweight (<2,500 grams).

### **Maternal and child health measures by race**

	Peoria	Tazewell	Woodford	Illinois
<b>Teen birth rate<sup>1</sup></b>				
<i>Black</i>	71.2	38.1	SUPP	35.5
<i>Hispanic</i>	35.3	10.3	SUPP	24.6
<i>White</i>	15.7	18.9	SUPP	10.6
<b>% babies born with low birthweight<sup>1</sup></b>				
<i>Black</i>	15.5	9.6	SUPP	14.2
<i>Hispanic</i>	6.2	8.0	SUPP	7.2
<i>White</i>	7.6	6.0	SUPP	6.9

**Data sources:**

1. 2014-2020 NCHS

*SUPP: Data are suppressed due to small numbers.*

## Dental

	Peoria	Tazewell	Woodford	Illinois	United States
<i>Visits to dentist or dental clinic among adults<sup>1</sup></i>	64.9	65.0	67.7	68.4	64.5
<i>All teeth lost among adults over 65 years<sup>1</sup></i>	9.4	10.9	12.3	15.7	13.9
<i>Dentist ratio<sup>2</sup></i>	1,114:1	1,716:1	5,461:1	1,213:1	1,380:1

**Data sources:**

1. 2020 Behavior Risk Factor Surveillance System (BRFSS)

2. 2021 Area Health Resource File/American Medical Association

The data in the table above depicts the age-adjusted percentage of adults for the Tri-County region in comparison to Illinois and the US.

## Disability

	Peoria	Tazewell	Woodford	Illinois	United States
<i>% of population with a disability<sup>1</sup></i>	8.8	7.9	6.8	7.5	8.7
<b>Type of disability<sup>2</sup></b>					
<i>Cognitive disability</i>	14.6	13.7	12.6	13.2	12.6
<i>Hearing disability</i>	7.1	7.0	6.6	7.6	6.1
<i>Independent living disability</i>	8.2	7.2	6.4	7.4	7.1
<i>Mobility disability</i>	14.1	12.6	11.5	13.8	11.9
<i>Self-care disability</i>	3.7	3.0	2.6	3.8	3.6
<i>Vision disability</i>	4.8	3.8	3.3	4.2	4.7

**Data sources:**

1. 2022 American Community Survey, Census
2. 2021 Behavior Risk Factor Surveillance System (BRFSS)

The data in the table above depicts the age-adjusted percentage of adults for the Tri-County region in comparison to Illinois and the US.

*Cognitive disability* is the percentage of adults who report difficulty concentrating, remembering, or making decisions because of a physical, mental, or emotional condition.

*Hearing disability* is the percentage of adults who report they are deaf have serious difficulty hearing.

*Independent living disability* is the percentage of adults who report difficulty doing errands alone such as visiting a doctor’s office or shopping because of a physical, mental, or emotional condition.

*Mobility disability* is the percentage of adults who report having serious difficulty walking or climbing stairs.

*Self-care disability* is the percentage of adults who report difficulty dressing or bathing themselves.

*Vision disability* is the percentage of adults who report they are blind or have serious difficulty seeing, even when wearing glasses.

## Mortality

### Leading causes of death for the Tri-County region

	Deaths	Age-adjusted death rate
<b>Peoria</b>		
<i>Malignant neoplasms</i>	699	105.1
<i>Diseases of heart</i>	498	77.5
<i>Accidents</i>	251	50.7
<i>Chronic lower respiratory diseases</i>	111	15.3
<i>Cerebrovascular diseases</i>	92	13.7
<b>Tazewell</b>		
<i>Malignant neoplasms</i>	497	91.8
<i>Diseases of heart</i>	319	59.8
<i>Accidents</i>	127	34.5
<i>Chronic lower respiratory diseases</i>	107	18.9
<i>Diabetes mellitus</i>	74	13.9
<b>Woodford</b>		
<i>Malignant neoplasms</i>	133	90.6
<i>Diseases of heart</i>	83	57.1
<i>Accidents</i>	37	35.1
<i>Chronic lower respiratory diseases</i>	20	13.2
<i>Cerebrovascular diseases</i>	14	Unreliable

**Data sources:**

1. 2018-2020 CDC WONDER

### Years of Potential Life Lost & Life expectancy

	Peoria	Tazewell	Woodford	Illinois
<i>Years of potential life lost <sup>1</sup></i>	9,002	6,821	6,640	7,066
<b>Life expectancy <sup>1</sup></b>				
<b>Overall</b>	76.8	78.3	79.1	78.6
<i>Black</i>	70.2	75.7	SUPP	72.2
<i>Hispanic</i>	86.9	97.3	SUPP	83.6
<i>White</i>	78.0	78.0	SUPP	79.1

**Data sources:**

1. 2018-2020 NCHS

*SUPP: Data are suppressed due to small numbers.*

*Years of Potential Life Lost (YPLL)* depicts the number of years of life that were lost to deaths of people under the age of 75, per 100,000 people. For instance, in Peoria County, 9,002 years of life were lost to deaths of people under the age of 75, per 100,000 people.

*Life Expectancy* measures the average number of years from birth a person can expect to live, according to the current mortality experience (age-specific death rates) of the population.

**Additional mortality data for the Tri-County region**

	Peoria	Tazewell	Woodford	Illinois	United States
<i>Infant mortality rate</i>	8.6	5.3	6.8	6.1	6.0
<i>Child mortality rate</i>	67.4	43.6	67.6	49.2	50.0
<i>Injury mortality rate</i>	88.8	65.2	59.6	69.8	76.0
<i>Motor vehicle mortality rate</i>	10.6	9.3	14.7	8.8	12.0
<i>Drug overdose mortality rate</i>	26.0	18.0	8.7	23.8	23.0
<i>Firearm fatalities rate</i>	13.1	7.5	7.8	11.8	12.0
<i>Homicide mortality rate</i>	9.1	1.8	SUPP	8.0	6.0

**Data sources:**

1. 2014-2020 NCHS

*SUPP: Data are suppressed due to small numbers.*

**All Intent Fatal Injury Rate and Social Determinant of Health (SDOH) Measure**

	SDOH Measure Value	SDOH Measure Quartile	Age-adjusted Mortality Rate	Age-Adjusted Mortality Quartile
<i>Peoria</i>	0.92	High	91.48	Mid-High
<i>Tazewell</i>	0.21	Low	68.52	Mid-Low
<i>Woodford</i>	0.07	Low	54.63	Low

**Data sources:**

1. 2014-2020 NCHS

*County-level age-adjusted fatal injury rates per 100,000 population are ranked by quartile (low, mid-low, mid-high and high). The Social Vulnerability Index (SVI) percentile ranking values are ranked from 0 to 1 in quartiles as low (0.00-0.25), mid-low (0.25-0.50), mid-high (0.50-0.75), and high (0.75-1.00). Higher SVI ranking values correspond to higher vulnerability. The SVI ranking for a county will differ depending on whether national or state-specific data are selected. Social vulnerability refers to the potential negative effects on communities caused by external stresses on health outcomes. Such stresses include natural or human-caused disasters, or disease outbreaks and can be further described by the CDC.*

## NEXT STEPS

### Upcoming additions that will be addressed in the annual report:

- Updates on health areas that are currently in performance management
  - Additional measures related to those outcomes will also be further assessed
- Additional best practice or evidence-based interventions that are being conducted and related to health priority areas or per the community stakeholder request
- Additional mortality measures will be reported using CDC WONDER database. The following topics will be explored, in particular to identify potential disparity in the region that the PFHC should be aware of for the region.
  - **Obesity:** E66.1 (drug-induced obesity), E66.2 (severe obesity with alveolar hypoventilation), E66.3 (overweight), E66.8 (other forms of obesity), E66.9 (unspecified obesity), E66.0 (obesity due to excess calorie intake), E66.01 (severe obesity due to excess calories), and E66.09 (other forms of obesity caused by excess calorie intake).
  - **Additional deaths related to HEAL and obesity:** diseases of heart and cerebrovascular diseases
  - **Deaths related to mental health:**
    - **Causes of death due to alcohol, drugs, or suicide:** X60-X84 (Intentional self-harm), Y10-Y34 (Injury/poisoning of undetermined intent), Y87.0/Y97.2 (Sequelae of intentional self-harm/event of undetermined intent)
    - **Causes of death due to drug poisoning:** F11-F16, F18-19 (mental and behavioral disorders due to drug use excluding alcohol and tobacco), X40-X44 (accidental poisoning by drugs, medicaments and biological substances), X60-X64 (intentional self-poisoning by drugs, medicaments and biological substances), X85 (assault by drugs, medicaments and biological substances), Y10-Y14 (poisoning by drugs, medicaments and biological substances, undetermined intent)
    - **Alcohol-specific deaths:** E24.4 (alcohol-induced pseudo-Cushing's syndrome), F10 (mental and behavioral disorders due to use of alcohol), G31.2 (degeneration of nervous system due to alcohol), G62.1 (alcoholic polyneuropathy), G72.1 (alcoholic myopathy), I42.6 (alcoholic cardiomyopathy), K29.2 (alcoholic gastritis), K70 (alcoholic liver disease), K85.2 (alcohol-induced acute pancreatitis), K86.0 (alcohol induced chronic pancreatitis), Q86.0 (fetal induced alcohol syndrome (dysmorphic)), R78.0 (excess alcohol blood levels), X45 (accidental poisoning by and exposure to alcohol, X65 (intentional self-poisoning by and exposure to alcohol), Y15 (poisoning by and exposure to alcohol, undetermined intent)
  - **Firearm mortality, including gun violence mortality:** W32-W34 (accidental discharge of firearm), X72-X74 (intentional self-harm by firearm), X93-X95 (assault by firearm), Y22-Y24 (firearm discharge undetermined intent), and Y35. 0 (legal intervention involving firearm discharge)
  - **Overdose mortality rate:** X40-44, X60-X64, X85, and Y10-Y14
  - **Infant mortality:** Deaths among individuals under 1 year of age
  - **Child mortality:** Deaths among individuals age 18 years and under
  - **Injury mortality:** U01-U03, V01-Y36, Y85-Y87, Y89