



HEAL TEAM NEWS

APRIL 2023

Healthy Eating/Active Living (HEAL) is prioritized by Peoria, Tazewell & Woodford counties to focus on improving healthy eating, physical activity, built environment, and food insecurity.

2023-2025 Goal

To improve overall healthy eating and physical activity in the Tri-County Region.

Objective #1

Increase accessibility of healthy food in the Tri-County Region through the support of community gardens by 10%

Objective #2

Increase adults reporting exercising 1-5 days a week among the Tri-County Region by 1%

- HEAL supports to the development of many campaigns: Hunger Action Month & Tri-County Hunger Walk, WIC Farmers Market, and 12 Days of Giving.
- HEAL supports many local coalitions: Food Pantry Network - HOI, Community Garden Network, Regional Food Council,

HEAL Chairs

SHANITA WALLACE
REBECCA CRUMRINE



For more information about HEAL, visit www.healthyhoi.org

CLEAN FOR A CAUSE

Food Pantry Network - Heart of Illinois is leading a Clean for a Cause campaign. During April 10 - 18, 2023, buy your cleaning bucket, add the items to your donation container and deliver it to your local food pantry. Visit the Find Food IL Community Food Map at go.illinois.edu/FindFoodIL to find details about food pantries near you.

CLEAN FOR A CAUSE



Donate a bucket filled with needed cleaning supplies to a local pantry!

[GO.ILLINOIS.EDU/
cleanforacause](http://GO.ILLINOIS.EDU/cleanforacause)

1

BUY YOUR BUCKET



2

FILL YOUR BUCKET



3

DONATE YOUR BUCKET



When? April 10-18, 2023



Food Pantry
Network - HOI

**MORE INFORMATION IS AVAILABLE AT:
GO.ILLINOIS.EDU/CLEANFORACAUSE.**

ENDING HUNGER TOGETHER GRANT



HEAL Food System Partners continues to receive the Community Foundation of Central Illinois' Ending Hunger Together Grant to increase healthy food access, advance community education, and create economic and agricultural development opportunities.

COMMUNITY CONVERSATION

Community Foundation of Central Illinois held an Ending Hunger Together Community Conversation on February 21, 2023. The focus was on building on current efforts to end hunger in central Illinois and discussing goals for the future.

For more information on this event:

<https://youtu.be/YeeKdben748>

<https://communityfoundationci.org/ending-hunger-together-fund-and-grants-program/>

