

**Lung Cancer Committee Meeting**

Peoria City/County Health Department

 October 10, 2018

1:30-3:00pm

**In attendance:**

Julie Angle-Tazewell County Health Department

Melissa Goetze-Tazewell County Health Department

Ev Neavear-Tazewell County Health Department

Jessica Johnson-Hult Center

Jim Emanuels-Peoria Radon

Andrea Ingwersen- Woodford County Health Department

Nathaniel Johnson-Unity Point

Diana Scott-Peoria City/County Health Department

**Call-in:**

Catherine Bailey-OSF

Megan Rappleyea-OSF

### Ev Neavear started the meeting by telling the committee that Jason Haupt of U of I Extension has taken a new job and will no longer be part of the committee. He stated that U of I Extension will still be part of the partnership through Kaitlyn Streitmatter’s participation in the HEAL committee.

**Radon Updates:**

Jim informed the committee he attended the International Radon Symposium in Myrtle Beach and explained what AARST does nationally; sponsor lobbyists for radon (EPA), raise money for State Indoor Radon Grants (SIRG) and assist with roll-out of National Radon Code (which is being modeled after Illinois code).

- IEMA is distributing a radon awareness video statewide, will be in movie theaters playing before previews.

-Midwest AARST is creating a PSA featuring former Olympic hockey player from Minnesota, Rachel Malmerg, an advocate for Radon testing. She has been diagnosed with radon induced lung cancer. \*YouTube search-“radon testing in Minnesota schools” for her story on local news (KARE 11) if link doesn’t work. <https://youtu.be/fRKBAvZpe44>

-Discussion took place about a contact of Jim’s that he would like to invite to meetings, and present information. She is president/founder of Citizens for Radioactive Radon Reduction or (CR3). Jim and Andrea will follow-up. \*She is presenting at November’s meeting.

 -Jim did a radon awareness presentation to Adam Merrick group, about 40 real estate agents.

-TCHD participated in a health fair at Peoria CEFCU, about 50 people attended; sold radon test kits

-Tazewell County and City of Pekin held a health fair for employees; TCHD sold BOGO radon test kits and gave away radon education t-shirts with purchase.

**TCHD’s Environmental Education Day:**  Ev provided an overview of the event that is offered to all Tazewell County 5th graders since approximately 1999. This year’s event will take place on October 11th, which is Children’s Environmental Education Day, 325 students are registered to attend.

-Approximately 19 exhibitors will be participating and education the students on a variety of environmental topics, Jim will be an exhibitor presenting radon awareness education.

-TCHD worked with ALA to get Radon poster contest materials distributed in time for the event. In the future, the event will be planned to coincide with Children’s Environmental Education Day and free radon test kits will be distributed to parents.

**Radon grant update:** Ev informed the committee that IEMA is allowing TCHD to re-write/modify the last year (Oct’18-Sept.’19) of the 3 year radon grant to include tri-county regional efforts.

-many ideas about how to do outreach for Radon Action month (Jan. ’19); free radon test kits to mothers that deliver babies in January.

**Diana (PCCHD):** has interns starting soon to review Illinois Youth Survey, get more schools to participate for 2020 survey but asked if anyone had any Radon projects they could have interns work on. \*Andrea and Diana discussed after the meeting, intern may create tri-county/P4HC radon education brochure like the individual HDs currently have.

**Tobacco Updates:**

**Nathaniel (Unity Point):** discussed recent Freedom from Smoking classes he facilitated:

-Pekin Unity Point-5 employees and 1 Spouse; 3 Quit smoking, 3 cut down

-Area high school athletic director has 2 students complete classes; they were caught vaping and has to complete classes as part of consequences and to return to their sport.

-2019 changes at Unity Point: will no longer be testing employees for nicotine, thus decreasing the number of employees required to take Freedom from Smoking classes. Classes are open to the public but not allowed to be advertised.

-Nathaniel asked the group to assist with advertising, will get 2019 dates to the committee soon. He is able to provide classes at any Unity Point hospital, and can offer classes to large businesses for their employees. Classes are 7 weeks.

**Jessica-Hult:** e-cigs, especially JUUL have been in the media recently and current data (Illinois Youth Survey) shows youth increasingly using e-cigarettes.

-CATCH (Coordinated Approach to Child Health) has an e-cig curriculum available to schools, (6th-8th grade but could be used for HS) free if schools request by 2020. The curriculum is “CATCH My Breath,” discussion took place on how best to promote to schools. Hult may be creating/hosting a train-the-trainer for the curriculum.

-Diana asked Jessica to share the information for PCCHD ITFC grant, Peoria Park District’s Reality group.

-all HDs will provide schools with information so they can sign-up to receive the free curriculum.

-reviewing business/campuses list for ITFC grant FY’19 and pre-existing relationships between board members and businesses. Jessica has 2 other Hult health educators helping her with this task, and will share if any contacts are for Tazewell or Woodford counties.

-plans to update the Hult website and create social media campaign to reflect FY ’19 ITFC regional grant efforts.

-updated the committee on ongoing efforts/conversations to assist Sterling Towers, Sharon Healthcare Woods and Riverwest with smoke free campus.

**Catherine and Megan-OSF**:

-smoking cessation program is still offered to patients

-currently re-vamping school-based programming, have used “Kick-Butts,” trying to reach more schools. The committee suggested that a radon education awareness piece be added when educating about lung cancer.

-Participated in career health education at Metamora High School, presented part of Kick Butts, and used pig lungs as a visual. Suggested to the committee could reach students via career clubs or classes, to present how all the committee agencies work tighter for a common goal.

**Julie (TCHD):** Updated the committee on efforts to promote smoke-free parks in Tazewell County and investigate which park districts already had policies:

-Morton-cannot smoke at any park/facility owned by the district

-Pekin-received a report of which locations are smoke-free which included pictures of signage. All sports fields are smoke-free with the exception of Mineral Springs park fields. Those fields will be in spring of 2019, signs will be installed.

-East Peoria, Tremont and Washington park districts have not responded.

-creating letters and PowerPoint for business/campus smoke-free promotion

Ev suggested the ITFC grantees follow up with those parks that also held food licenses, for contacts to promote smoke-free park campuses.

Discussion took place regarding utilizing all resources available to all programs/agencies that are part of the P4HC to educate residents and promote programming, such as Healthy HOI Facebook page.

Events can be submitted by any committee member for the Healthy HOI Facebook page.

Submission for the FB page can go to any of the 3 HD PIOs (give them enough notice) ***and put it in a format that is easily posted.*** Ex: a few sentences describing event with a picture, a flyer, etc. Please include date and times. It needs to be easily copied and pasted into FB from an email.

\*90 day implementation plan will be discussed at Novembers meeting

**Follow-up items:**

-Nathaniel-give committee list of 2019 Freedom form Smoking class schedule

-Andrea-give group PP slide regarding Partnership for Healthy Community to add to presentations.

-Jim-when possible include HD representative or information when presenting to groups regarding radon in tri-county area

-Jessica-share business contact list

-give suggested Radon projects to Diana for interns to work on

-Megan-provide committee with list of schools reached through Kick Butts program

-All members: what do schools do if a student tests positive for tobacco use?

 -invite contacts to attend future meetings.

 -give any agenda items to Andrea

**Next Meeting**-LungCancer Committee Meeting- November 14th- Tazewell County Health Department, 1:00-2:30pm

**Quarterly-**Both Breast and Lung Cancer Committee-December 18th-Tazewell County Health Department 2:00-3:30pm

Health Department Conference Lines for call in participants are as follows:

\*use the conference call number for the corresponding host site for each meeting

PCCHD number 866-588-5540, Code 556-971-0901

TCHD number 309-670-0444, Code 555

WCHD number 605-468-8004, Code 658044#