



HEAL PRIORITY ACTION TEAM MINUTES

Date: Thursday, April 8th, 2021

Time: 2:00 to 3:30 pm

Location: [Via Zoom](#)

GOAL: TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE TRI-COUNTY AREA.

OBJECTIVE #1 (HP2020): By 2022, reduce the proportion of adults considered obese by 2%

OBJECTIVE #2 (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%

OBJECTIVE #3 (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell, and Woodford Counties by 1%

SOCIAL DETERMINANTS: Food insecurity & Built environment

Topic / Action

Welcome/Introductions

- Amanda Smith has stepped down as HEAL secretary to lead the HEAL data team.
- Kim Litwiller will serve as HEAL secretary.

Board Update

- 3/2021 meeting
 - data points and dashboard were discussed to ensure focused direction is achieved moving forward.
 - The focus of change is a priority – the dashboard is essential to this.
 - A new cycle of CHNA is beginning/ logistics surrounding the survey is currently being discussed.
 - Thanks to all those who attended the annual meeting.

Data Team

- HEAL dashboard shared/ strategies & priorities were discussed.
- The data team is working to develop a means for tracking the work and successes not captured by data.
- Baseline data is currently being collected.
- Data sources have been identified beyond CHNA to allow for annual data collection.
- Breastfeeding rate duration (4, 8, or 12 weeks) data point was discussed.
 - IDHS/WIC/ Early Head Start are data sources for breastfeeding. I-WIC has limited ability for reports to be pulled; therefore, additional data sources will need to be identified.
- Data relating to HEAL strategies should be passed along to Amanda - Amanda.B.Smith@osfhealthcare.org

2020 Annual Report

- Reviewed the 2020 Annual Report (Attached).

HEAL Team News

- 2nd newsletter was released in March 2021.
- 3rd newsletter will release May 2021 and highlight January – March work. We need volunteers to write articles and submit to Shanita by April 20th.

Food Insecurity Data

- Food insecurity screenings are being developed.
- Common tools used for insecurity screenings are available through [USDA 6 item screening tool & FRAC Screen and Intervene toolkit in partnership with the American Academy of Pediatrics](#)
- HEAL reached out to (TCHD, WIC Tazewell, WIC Peoria, WIC Woodford, Unity Point, OSF Medical Group, OSF Faith Community Nurses, Heartland Health Services) to identify if screenings are currently being used, screenings tool used, and resources provided.
- The information gathered of organizations' screening practices was reviewed for additions/changes.
- Integrating resources to help identify resources for food insecure individuals/families is the goal.
- Future action: A working group to develop up-to-date resources available for responding to identified food insecurity.

Strategy Breakout Groups

- Designated time will be given to strategy breakout groups during each HEAL TEAM meeting moving forward to allow for discussion/work to take place.
- Volunteers to lead the four strategy breakout groups were requested and identified:
 - Park District/Built Environment (_____)
 - Walking assessments
 - Wellness policies
 - DPP/WIC/Breastfeeding (Michele Compton & Kim Litwiller)
 - Develop/implement referral system for gestational WIC moms
 - Increasing breastfeeding rates & promotion
 - Food Insecurity Security (Amy Christison & Michelle Sanders)
 - Youth – (Hayley Madigan)
 - Population health – school nurses
 - Community health workers

Announcements

- COVID popup vaccine clinics information is being shared on partnership for healthy community FB.
- Brian Tibbs from Washington Park District – Alumni Award from Western University. Congrats!
- Free May Mini-Webinar hosted by Snap-Education Program – Dates & Registration Links below:

Wednesday, May 19, 4-4:30 p.m.

<https://go.illinois.edu/ImproveHealthwithYourPantry4pm>

Thursday, May 20, 10 – 10:30 a.m.

<https://go.illinois.edu/ImproveHealthwithYourPantry10am>

Visit healthyoi.org for more information on the HEAL Priority Action Team!