



## HEAL PRIORITY ACTION TEAM MINUTES

Date: Thursday, March 10, 2022

Time: 2:00 to 3:30 pm

Location: Zoom Meeting

**GOAL:** TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE TRI-COUNTY AREA.

**OBJECTIVE #1** (HP2020): By 2022, reduce the proportion of adults considered obese by 2%

**OBJECTIVE #2** (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%

**OBJECTIVE #3** (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell and Woodford Counties by 1%

**SOCIAL DETERMINANTS:** Food insecurity & Built environment.

Attendees: Shanita Wallace, Kaitlyn Streitmatter, Kim Litwiller, Amy Fox, Raquel Herron, Rebecca Crumrine, Michelle Compton, Jordan Rahn, Rosie Boyas, Amy Christison, Mike Brooks, Melissa Bucklin, Elizabeth Gutierrez

Topic	Leader	Action Items
Welcome/Introductions	Shanita Wallace	<ul style="list-style-type: none"> <li>Goals and objectives were reviewed.</li> </ul>
Data Dashboard	Amanda Smith	<ul style="list-style-type: none"> <li>No update was given.</li> </ul>
Board/Chair Announcements	Amy Fox	<ul style="list-style-type: none"> <li>Completing MAP assessments for the CHNA.</li> <li>Prioritization – May 19 or May 24</li> <li>Steering Committee is being pulled together to get the prioritization focus down to 6-8 for the prioritization day focus.</li> <li>Annual Report is approaching – chairs have been asked to provide 2-3 articles &amp; photos to include. April 1<sup>st</sup> is the due date articles are needed.</li> <li>HEAL co-leads identified areas to focus on for HEAL Annual Report.</li> </ul>

HEAL Team News	Shanita Wallace	<p>Approval was given for the news by the Partnership Board. It will be dispersed to the whole 3.11.22.</p> <p>Articles are needed for next month – let Shanita know if you have an article to submit.</p>
Announcements	All	<p><b><u>Move it Monday Campaign:</u></b></p> <ul style="list-style-type: none"> <li>• A campaign log was shared with partners to gather data surrounding the effectiveness of the campaign.</li> </ul> <p><b>WIC Campaign –</b></p> <ul style="list-style-type: none"> <li>• Tri-County effort to increase awareness of the program to hopefully get additional families enrolled on the program.</li> <li>• Increasing Farmers-Market redemption rates is the next area of focus.</li> </ul> <p><b>Illinois Snap Ed –Hunger &amp; Health Regional Conference</b></p> <ul style="list-style-type: none"> <li>• Shanita Wallace presented on 3.9.22</li> <li>• Amy Fox &amp; Shanita Wallace will be presenting in Springfield on 3.17.22</li> <li>• Great turnout with helpful resources</li> </ul> <p><b>Regional Fresh Food Council</b></p> <ul style="list-style-type: none"> <li>• April 8<sup>th</sup> 9:00am will begin meeting again – Hybrid model for the meeting.</li> <li>• Direct question regarding RFFC to Amy Fox – <a href="mailto:afox@tchd.net">afox@tchd.net</a></li> </ul> <p><b>DPP Lunch &amp; Learn Events</b></p> <ul style="list-style-type: none"> <li>• Creve Coeur Library – March 18<sup>th</sup></li> <li>• Tremont Community Center – April 6<sup>th</sup></li> <li>• Pekin Library – April 20<sup>th</sup></li> <li>• If you'd like to host a lunch &amp; learn for DPP at your location contact Kim Litwiller – <a href="mailto:klitwiller@tchd.net">klitwiller@tchd.net</a></li> </ul>

2022 Asset Map & Working Groups	All	<p>Working Groups Focused on developing a goal for the group that's achievable by December 2022.</p> <p><b>Nutrition Education –</b></p> <ul style="list-style-type: none"> <li>• <b>Goal:</b> Decrease obesity in youth by providing nutrition education to 500 participants in Peoria, Tazewell &amp; Woodford counties.</li> <li>• <b>Objectives:</b> Offer nutrition education to 500 number of participants in Tazewell (150) , Woodford (50) &amp; Peoria (300) Counties by December 2022.</li> <li>• <b>Activities:</b> Re-instate Jr. Chef cooking classes / partner with larger organizations to expand healthy cents participation.</li> <li>• <b>5210 kits</b> across Peoria &amp; Tazewell counties.</li> <li>• <b>Healthy Cents</b> offered in new location – measured by number of locations.</li> <li>• <b>Diabetes Prevention Program</b> promote &amp; increase attendance – measured by number of attendees.</li> </ul> <p><b>School Aged –</b></p> <ul style="list-style-type: none"> <li>• <b>Goal:</b> Promote the develop of increased movement/activity among youth.</li> <li>• <b>Objectives:</b> work to increase access to healthy activity.</li> <li>• <b>Edible Alphabet Cards</b> – all supplies will be provided during pickup time to try the featured card for the week to increase comfort level of children to try new foods.</li> <li>• <b>5210 Kits</b> throughout the summer (day camps) / fall (after school programs) – work with a test group of 8-10 families to increase nutrition education at home.</li> </ul> <p><b>Outreach &amp; Events –</b></p> <ul style="list-style-type: none"> <li>• <b>Goal:</b> Increase awareness of the resources HEAL has to offer communities to increase community engagement.</li> </ul>
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<p><b>NEXT MEETING: Thursday, April 14, 2022 @ Tazewell County Health Department</b></p>		

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