

HEAL PRIORITY ACTION TEAM Minutes

Date: Thursday, September 9, 2021

Time: 2:00 to 3:30 pm

Location: Zoom & Tazewell County Health Department / Auditorium -- 21306 IL RT 9., Tremont, IL 61568



GOAL: TO FOSTER AND PROMOTE HEALTHY EATING AND ACTIVE LIVING TO REDUCE CHRONIC DISEASE AND FOOD INSECURITY IN THE TRI-COUNTY AREA.

OBJECTIVE #1 (HP2020): By 2022, reduce the proportion of adults considered obese by 2%

OBJECTIVE #2 (HP2020): By 2022, reduce the proportion of youth (Grade 8-12), who self-reported overweight and obese by 2%

OBJECTIVE #3 (HP2020): By 2022, decrease food insecurity in populations residing in Peoria, Tazewell and Woodford Counties by 1%

SOCIAL DETERMINANTS: Food insecurity & Built environment.

Visit healthyhoi.org for more information on the HEAL Priority Action Team!

Members in Attendance: Susie Smith, Jenna Smith, Amy Christison, Staci Coussens, Leslie McKnight, Amanda Smith, Raquel Herron, Sally Gambacorta, Melissa Bucklin, Kim Litwiller, Beth Beachy, Shanita Wallace, Kaitlyn Streitmatter, Greg Eberle, Rosie, Nate Johnson, Michelle Compton

Welcome/Introductions

Kaitlyn welcomed members to the meeting. Attendees introduce themselves.

PFHC Board Announcements

- Kaitlyn has been nominated and affirmed to serve on the board
- CHNA needs to be pushed out via our various networks.
 - [2021 CHNA Survey Peoria, Tazewell and Woodford Counties](#) (English)
 - [2021 CHNA Encuesta Condados de Peoria, Tazewell y Woodford](#) (Spanish)
- Farm to Bank work was reported on by Monica. Midwest Food Bank has partnered with Hungry World Farms in Tiskilwa to have fresh produce for next year. Wayne, Peoria Food Bank is currently working with Roth Farms out of Morton to provide fresh produce.
- Feeding Illinois Rep – Steve Erickson – Monica & Wayne invited him to “Farm to Bank” workgroup and Steve will now meet with the group moving forward – it’s exciting to have state collaboration.

Data Dashboard

Amanda gave an overview of the 2021 data collected thus far and highlighted the areas where gaps exist in the data. Data points are being looked at to guide us. Working to identify data points surrounding youth obesity, which is proving to be difficult

to pinpoint. Illinois youth survey was included in our data plan – so it has continued to be included. Breastfeeding data is still being work through to identify what data exist that can be gathered.

- Social determinant of health/food insecurity surveys are being administered by PCP, as well as OSF Community Nurses. The survey is currently provided electronically and built into EPIC – both Unity Point and OSF utilize the survey via EPIC.
- Youth Obesity 8th, 10th, 12th grades – self reported data. Still continuing to work on data point sources. PCP & Peds offices might be good sources; however additional work needs to be done to pull this data in.

HEAL Team News

- August issue was released. Please share with your networks. Articles for July, August, September is needed by October 15th.
- Melissa Bucklin will provide an article on Complete Streets Pop-Up Demonstration.
- Food Pantry Network will highlight Hunger Action Month
- World Breastfeeding Month will be highlighted by Michele Compton.

Catalyzing Communities Grant

- Still waiting for details on grant funding word

Announcements

Complete Streets Pop Up Demonstration 9/24 and 9/25 – Leslie McKnight

- Dr. Leslie McKnight – Complete Streets Pop-Up Demonstration. Active Living/Active Transportation. City of Peoria in collaboration with PCCHD on Built Environment with I-Span Grant. Complete Street ordinance has been developed and passed by Peoria City Council last year. A Complete Street Manual is being developed to align with Complete Street Policies/Practices to ensure built environments. A series of complete street trainings have been conducted.
- A pop-up demonstration is planned Sept 23-25 – the street in front of Peoria County Courthouse will be reconfigured/redesigned to introduce walking and bike lanes. Purpose is to connect streets to activities and event.
- Vendors will be present in Peoria County Plaza – currently looking for vendors; contact Melissa Bucklin if interested in being a vendor. Looking specifically for vendors focused on active living, education, etc. Volunteers are needed for Thursday, Sept 23rd – Saturday, Sept 25th.
- Data will be collected throughout the event – youth will be present conducting a ‘walk-audit’.
- HEAL team will be on site (Kaitlyn & Shanita will be on site) a signup will be sent out to determine interest in having a HEAL vendor table.

- Bradley Nursing Students will be on site doing blood pressure.
- IDPH will be on site hosting a vaccine clinic.
- Additional ideas were tossed around for the event including:
 - Bradley Dietetics Students was thrown out as a possible vendor idea.
 - Meal Bundles could be handed out during the event.

WIC Farmers Market Voucher Push– Beth Beachy

- Farmers Market Vouchers - How can HEAL help the WIC promote the Market Vouchers? HEAL Team can help by getting the word out to WIC families that vouchers are available, and they are able to come out and grab them.
- Vouchers are typically in hand in July and are handed out. Vouchers were handed out late August due to state issues...
- Vouchers are good through October. TCHD is working on a Fall Produce push. Michele Compton stated Peoria Co. is contact WIC clients via phone to come pickup vouchers.
- Mike Brooks, Community Garden OSF, agreed to hand out flyers at their community garden highlighting the farmers market vouchers are available at the local health departments for WIC families.

Break out Group Updates/Discussion

HEAT: Tazewell Co. & City of Peoria named September as Hunger Action Month. Radio spot.

Move it Mondays: No update this month.

HEAL Food System Partners:

- Team 1 – Food Pantry Network is hosting a campaign for Hunger Action Month. There are several fresh food drives scheduled as well as a social media campaign - go.illinois.edu/HAM2021. Also, Grow A Row has harvest and donated over 12,000 pounds of food this season.
- Team 2 - is working to develop Spanish resources/nutrition ed with meal bundling. High level of participation and food distribution at the culturally matched mobile food pantries. A video has been created on nutrition education and ‘Green Light’ labeling for use at food pantries.
- Team 3 - Healthy Cents sessions recently started. [FINAL HEAL Healthy Cents - First 4 Classes.pdf](#)
- Team 4 - Farm to Banks Project reported above in PFHC Board Announcements.
- Team 5 – Food Banks/Food Pantries needs assessment was recently distributed

Wellness Policies: No update to report

ISPAN:

- Black Breastfeeding Event @ Glen Oak Park was attended by 100+ participants. Community input was solicited for planning, which was positively received. Those from the community who offering input in the planning will hopefully join the taskforce moving forward.
- Breastfeeding Spaces are being created within the community. One space is currently being created at Manuel High School. A mobile 'breastfeeding space' is being purchased for use at community events.

Next meeting Thursday, October 14, Location TBA

Respectfully submitted,

Kim Litwiller