



Mental Health/Substance Use Action Team Meeting Minutes

DATE: 07/25/2022

TIME: 9:00 AM

Location: Teams

Members Present: Holly Bill, Tim Bromley, Amy Roberts, Monica Hendrickson, Mike Kennedy, Leslie McKnight, Kerri Viets, Sally Gambacorta, Josh Bradshaw, Courtney Ray, Joanie Montoya, Denise Backes, Jerry Storm, Tricia Larson, Gregg Stoner, Julie Herzog, Michele Carmichael

Annual Meeting Review - [Partnership for a Healthy Community - ANNUAL MEETINGS \(wildapricot.org\)](https://www.wildapricot.org)

- The above link has the documents that were shared during the meeting earlier this year
- The meeting agendas and minutes are on the website as well

CHNA Update & Next Steps

a. Draft CHNA complete

-There is a draft being reviewed finalized now.

b. 2023-2025 Priority Areas Selected – Healthy Eating & Active Living, Mental Health, & Obesity.

-Holly reminded the team this December is the end of this 3-year process.

-Holly mentioned that HEAL would be more of a prevention and food security piece and obesity is moving toward those who have already been diagnosed and all of the issues that come with that.

c. Cancer & Substance Use – Will move to Performance Management for 2023-2025

d. Next Chair Recommendations - Board is creating a 'roles and responsibilities' outline for those who may be interested in chairing a priority area; knowledge of priority area, ability to run effective meetings, and time to dedicate 4+ hours/week; please send recommendations to Holly Bill or Amy Roberts to be passed to the Partnership Board for consideration

-Trying to make this as seamless as possible for Holly & Tim to transition this to the next cycle.

e. New evidence-based goals & objectives- Ad hoc committee is working on creating a toolkit to support choosing new goals & objectives that will meet requirements for hospitals and health departments

-Send any thoughts or questions to Holly, Tim, or Amy.

988 Suicide Prevention Lifeline Launch

- This link is a media packet. This number took over the 1-800 number, just shorter.
- The 1-800 number will still work.
- Still the same process and people, just an additional number.

Action Teams Updates, Successes, & Challenges

Amy Roberts/PCCHD Administrative Assistant

Mental Health

1. Increase Mental Health First Aid Certifications by 10% (Joan Montoya)

- Cadre is still up and going and training lots of people!
- They have completed at least 6 classes in the last quarter and TCHD is also facilitating trainings.
- Many requests are coming in, as well.
- Kim Litwiller has joined the cadre and is working hard to promote and keep information updated. (Dream Center, Central IL Friends, churches, and more)

2. Increase suicide prevention education for youth and adults by 10% (Hannah Chapman/Mike Kennedy)

- Group is continuing to meet monthly; working on agreements with the health departments for suicide data.
- Group is working on systems of communications; the group would like to ask the agencies about how they are marketing 988.
- The group discussed how local agencies are marketing and each agency is pushing information from NSPL and marketing must be at the state/federal level.
- The team is working on toolkits for specific groups: school, veterans, and adding on additional target groups each month.
- Toolkits will provide information for each group.
- The group is working on tracking and maintaining suicide prevention resources in the tri-county area- something that 211 does not track; they would like a home for that (wondering if PFHC could be a home for this).
- Does the PFHC website serve this purpose? Would people go there to retrieve this data?
- Group is identifying funeral homes that may need resources/assistance; vocabulary, for example, can contribute to suicide prevention (or can increase risk for suicide); may also develop a flier/brochure to distribute to area businesses.
- The group discussed coroner language; media training... Also considering other groups (courts, fire, etc).

3. Increase number of trauma informed schools by 10% (Michele Carmichael)

- Group has not met recently but will reconvene soon, school-year focused.
- Schools are starting the new schedule with modified year-round calendar.
- More information to come; matrix was complete and piloted. It's continuing to be used.
- All three counties are represented in this work.

4. Increase behavioral health integration by 10% (Tim Bromley)

- No updates at this time

Substance Use

1. Reduce overdose through Narcan by increasing distribution by 10% (Elizabeth Hensold/Katy Endress)

- No updates at this time, but the dashboard can be viewed here: [Opioid Awareness \(arcgis.com\)](https://arcgis.com)

2. Increase stable housing for frequent utilizers (Kate Green); Frequent Utilizers & Crisis response (Kelly Walsh)

-No update at this time.

3. Increase number of schools who participate in Rx Drug Safety (Denise Backes)

-No update at this time.

4. Mass media campaigns for binge drinking and underage drinking (Kerri Viets)

-Focusing on quarterly messages; working on a back-to-school campaign.

-Tazewell heavy so if you would like to join this group please reach out to Kerri or chairs.

5. Increase number of students certified as Peer Educators by 10% (Holly)

-Holly stated there were able to train 15 Peer Educators, 3 did not complete the end of their trainings, but are ready to go for fall.

-All of the Peer Educators are from District 150 and are really going to focus on whatever the schools want, adolescent health. Overall healthier campus, that is student-led.

-They got additional trainers, have 7 or 8 people in the community that can train (CI Friends, Peoria Public Schools, Hult, etc.) Not just reliant on one agency.

Updated Meeting Structure

-Every other month: Full Committee/Sub-Committees; Schedule posted on

<http://healthyhoi.org>

Member Announcements

-Peoria Recovery Project Update- Denise: Event is August 31st- National Opioid Awareness Day- 10AM-3PM at Warehouse on State in Peoria. Third year.

-All sponsorships and booths need to be finalized ASAP- reach out to Denise; Amy will send out sponsorship/booth information with the minutes.

-PFHC could have a booth at the event; let Denise know if you are interested.

-The booth comes with two chairs and two lunches from Cracked Pepper.

-NAMI Update- Thursday August 4 on Living with Schizophrenia, presented by Dr. Luke Dalfiume.

-Whitney's Walk for Life- Holly- Raise funds and awareness for suicide prevention at Hult Center; Saturday, July 30, 2022 at Jubilee State Park- Register or donate at

www.whitneyswalk.com

-COFI Training Opportunity: A COFI Supporting Parent Leadership Training- free via Zoom for any family members or anyone who is interested. Contact Tricia Larson or Michele Carmichael for more information.

-COFI Training Opportunity: A COFI Supporting Parent Leadership Training is being offered by the Illinois Children's Healthcare Foundation. It will be held via Zoom on July 27, from 9:30-11:30am. The focus of the training is on helping organizations engage and support parent

leadership in programs. We welcome you to join us in learning effective strategies to build strong caregiver and family leaders in our community. Please find the Zoom meeting information below.

Join Zoom Meeting: <https://us02web.zoom.us/j/3122265777>

Next Meeting: Monday, September 26, @ 9:00 am – Peoria City/County Health Department (no virtual or call-in option available)