



2023-2025 Mental Health Meeting Minutes

DATE: 12/19/2023

TIME: 1:30pm

Location: Teams

Members Present:

Co-Chair Jonathan Gauerke	Clerical Support Amy Roberts
PFHC Board Rep. Holly Bill	Wes Podbielski
Gregg Stoner	Sally Gambacorta
Jan Leonard	Jovon Matthews
Mariela Munguia	Sam Schubach
Jacob Morgan	Joan Montoya
Megan Hanley	Christian McKinney
Jolene Whisler	Keith Downes
Kate Green	Tim Bromley
Tony Mills	

Updates

December Guest Speaker: Tony Mills (Trillium Place)

- Tony Mills, supervisor for Trillium Place Access Center, affiliated with Carle Health – they function as an air traffic control for process and routing referrals.
- They primarily work in Epic and handle calls from all over the state from providers, individuals, and other entities.
- They receive referrals from PCPs for whatever the need is and then work to connect the patient to the services they need.
- Has a team of 7 referral specialists that are manning the phones Monday through Friday from 7am-5pm. They are trained and experienced in terms of assessing the level of risk on a particular call and then doing what's appropriate to get that person linked with emergency services if needed.
- They have the ability to link referrals directly to ERS if that needs to happen.
- They keep a list of up to date resources within the tri-county area, that is not just Trillium Place.
- If someone calls them, they will help them, even if it's finding other resources for them.
- In the coming year, they will be helping with Iris referrals and helping to make that process smoother.
- 98.5% percent of the time calls come in during their office hours. Those that call outside of office hours are routed to a voicemail system with a menu of options. If they are in crisis, they can press a button to be routed to ERS. It's rare to get more than 4 voicemails a week.
- Individuals can walk in to any of their walk in locations and it depends on their need for their wait time for services. However, people are not usually on the waiting lists for more than a week or two.

December Guest Speaker: Sam Schubach (OSF Strive)

- Sam Schubach, Clinical Coordinator, TRC Liaison for OSF Strive Trauma Recovery Center – a grant funded program through the state and federal government, currently on their 3rd round of funding.
- Sam gave a brief history on how the program started along with funding.
- In order to qualify for their grant services, you have to qualify for several parameters first: must live in the city of Peoria, have to have been a victim of a violent crime, a witness to a violent crime or close family member to a victim of a violent crime within the last 10 years and you must be over the age of 14.
- They have their main office location and an office at the Wrap Around Center at Trewyn School where they serve students, and others that qualify along with Manual High School.
- They currently see the students at Manual High School 2.5 days a week and are at Peoria High School 1.5 days.
- 2 half days are offered at the Knoxville Center for Students Success.
- Community based, meaning they will go out in the community to see individuals (homes, parks, etc.)
- First and foremost they do therapy and then also offer case management to help clients access resources (jobs, housing, etc.)
- Telehealth is offered, but currently do not have a telehealth provider. This is only to active clients – must be enrolled in therapy services to get telehealth services.
- Typically about 16 therapy sessions (most average 16-32 sessions) and they are intensive, informed trauma focused and then re-evaluate after 16 sessions. There is no limit to case management.
- Working with the schools to help them become more trauma informed.
- Do inpatient hospital consults to OSF – will meet the victims of violent crimes at the hospital. They do not have to live in Peoria while they're at the hospital. They will see the patient throughout their whole stay in the hospital.
- Before seeing any clients in the community, they have to see them in the office for the first evaluation.
- Many clients in Peoria qualify over and over because trauma keeps happening to that individual/or their circle of family/friends.
- You do not have to be referred by a PCP, anyone can just call or fill out the form on the website (listed below).
- If clients do not qualify, they will get them set up with what services they do qualify for.
- There is no automation on the phone calls – you will get a person and they can tell you if you qualify for services.
- Once they have someone's contact information they make at least 3 phone call attempts in the first 30-45 days and then send several letters. The referrals do not expire.
- They will sometimes work with individuals younger than 14, but are working to expand their services to younger ages.

<https://x.osfhealthcare.org/services/specialties/mental-health/programs-services/trauma-recovery>

Discussion

- PFHC is preparing for the next Community Health Needs Assessment (CHNA) in 2024.
- The Partnership annual meeting is March 7, 2024 from 9-11am at the Spalding Pastoral Center. Jonathan encouraged everyone to attend. All committees will be submitting their reports for the meeting by mid-February.

Sub-Committee Updates

Telepsych

- The Telepsych group met earlier this month and they discussed any changes that have been observed since the public health emergency ended in May.
- Insurance coverage (Medicaid and/or Medicare) and at this point, coverage continues to be stable. No changes have been observed. If you have any further information on that, please share with Amy Roberts to be sent to the group – especially any updates with pending changes so teams and departments can be made aware.
- Trillium Place is moving towards using 2 APNs for services at the Jefferson facility and are looking forward to increasing access for patients. The contract with the Psychiatrist providing telepsych ends at the end of this month.
- Cheryl Crowe had brought up that OSF is using provider collaborators and have a licensed psychiatrist as a collaborator to discuss cases when APNs are providing telepsych services.

CAHC

- Dawn was not able to attend the meeting, however, Jonathan reminded the group that the first CAHC will meet on 12/21/23 at 11:00 at the OSF Jump Building.

Next Meeting Date

- Tuesday, January 16 at 1:30pm @ OSF Rt 91 and Teams.
- Beth Crider would like to have a discussion with this group about hospital home tutoring and looking at the mental health impact they're seeing. Will have representatives from local schools joining this meeting.

Member Announcements

- Mariela gave an update on Iris, noting she is the project director at Trillium Place for the System of Care grant in the tri-county area, but housed on Carle.
- Mariela has been working on a contract for a while but is finally approved to be receiving referrals within Iris.
- They still do not have the capacity to do outgoing referrals, but they can now receive incoming referrals.
- At the beginning of 2024, they'll start onboarding and by mid-January will be fully launched within Iris and all the Trillium Place services will be listed on Iris as well – however, will be routed through the Access Center.
- A process and workflow have already been created that follow the community guidelines of Iris. She is hoping this encourages other medical entities to join Iris as well.

-Christian added that on January 1st, IDPH will recognize vaping as smoking, and remember that tobacco impacts anxiety and other mental health aspects. He added that they don't know what the messaging looks like yet, but it's a good direction for some youth that deal with issues tied to vaping.

-Holly added that Performance Management Committee, Substance Use, has noted that a lot of requests are coming in for vaping issues at different schools. At the Hult Center, they are working with different regional offices of education and the IL Tobacco Free Communities groups with the Substance Use Committee to put together a resources list for the schools.

-The 1st offense is suspension in school, 2nd is out of school suspension, and three or more could lead to expulsion.

-These resources are in draft mode currently, but will be released to the ROE.